BUDS
बाल उमंग दृश्य संस्था

2024-25

ANNUAL REPORT

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BAL UMANG DRISHYA SANSTHA

We are a registered, non-profit organization formed with the objective of advancing the well-being, education, health and welfare of children and young women in India without distinction of caste, class, gender, ethnicity, and religion, rural/urban, physical or mental disability. BUDS was registered as an Indian Not for Profit Trust in 2003 (Registration No 11686/4 of 2003) and has since worked closely in Delhi , Uttarakhand, Uttar Pradesh and the aspirational district of Nuh, Haryana

OUR VISION

Envisions a society where all children and young women are provided every right regardless of their socio-economic standing in the society.

OUR MISSION

- Prevent disease, Promote access to healthcare and Prompt treatment (3Ps) for the marginalized.
- Promote Right to Education for children and young women in low resource setting.
- Prevent violence against young women and children.
- Develop partnership with Government, allied NGOs, media agencies and civil society to sensitize and bring about behavior and attitudinal changes to realize the United Nations Convention on the Rights of the Child (UNCRC); ensure India achieves the UN Sustainable Development Goals (SDG) by 2030.

LEGAL DETAILS

REGISTRATION	**TAX EXEMPTION**
BUDS is registered as an Indian Not for Profit Trust since 2003 (Registration No. 11686/4 of 2003).	All Donation to BUDS is exempted U/s 80G (income tax Act 1961): 50 % tax exemption.
LEGAL STATUS	
Particulars	**Details**
Trust Act Registration Number	11686/4 of 2003
FCRA Number	231661736
80G (Tax Exemption)	AABTB0175GF20045
PAN (Permanent Account Number)	AABTB0175G
12A Registration Number (Tax Exemption)	AABTB0175GE20047
NGO Darpan Unique Id	DL/2016/010
TAN Number	DELB16651F
CSR Registration Number	CSR00003766

MESSAGE FROM THE MANAGING TRUSTEE

On behalf of the non-for-profit organisation Bal Umang Drishya Sanstha (BUDS), its indeed my privilege to present its annual report ending March 31, 2025. BUDS is working to advance the health, well-being and welfare of vulnerable children in India, focusing on those experiencing extreme poverty. Current sites of operation include 22 Drop-in centres (DIC) in three urban settlements states of India-New Delhi, Uttarakhand & Uttar Pradesh and one marginalised rural district Nuh, Haryana, India.

In collaboration with Government of Delhi, and with support from PwC India Foundation, BUDS is providing access to healthcare through a mobile healthcare van (MHV) since June 2017. The prestigious academic medical journal- British Medical Journal (BMJ) Paediatric Open, recently published BUDS original research paper “Mobile health van as an intervention to provide clinical support and health promotion to street children and marginalised populations in the National Capital Region of Delhi: a mixed-methods evaluation: Rajeev Seth, Tanu Girotra, Id Mohammad, Yawar Qaiyum, Indra Taneja, Shanti Raman - BMJ Paediatrics Open 2025;9: e002988”. This work has also been shortlisted for an award presentation by BMJ South Asia award 2024-2025. I congratulate the entire BUDS team for their sincere hard work, commitment and resilience in providing access to health care to marginalized communities and for their recognition of these two distinguished achievements.

In today's fast-paced world, maintaining optimal physical fitness is not merely a matter of aesthetics or performance—it's a cornerstone of overall health and well-being. Physical fitness assessments provide a crucial benchmark for understanding our current state of health, identifying areas of improvement, and setting realistic goals to enhance our physical capabilities.

The Ministry of Youth & Sports Affairs (MYAS), Government of India selected BUDS to create and conduct a Training of Trainers (TOT) on Physical Fitness assessment in schools and colleges in collaboration with teachers and volunteers of National Service Scheme (NSS). By evaluating various components of fitness—such as cardiovascular endurance, muscular strength, flexibility, and body composition—we can gain insights into our physical health that are invaluable for guiding exercise regimens, lifestyle changes, and preventative measures.After the TOT, the pilot program is being implemented among students of class 11 & 12th in schools of Delhi and colleges across the country to provide them with the knowledge and inspiration to take their physical fitness journey to new heights. Our goal is not just to test their limits, but to discover their potential and work towards achieving their wellbeing every day.

Let us all join and commit ourselves to this journey of access to health for the vulnerable, physical fitness, discipline, and excellence.

Warm regard

Rajeev Seth

Yours Sincerely
Dr Rajeev Seth MD, FIAP, FAAP (USA)
Managing Trustee

AN OVERVIEW OF BUDS PROGRAMS

MARGINALIZED CHILDREN AND YOUNG PEOPLE PROGRAM

COMMUNITY MOBILIZATION

BUDS operates through a dedicated, multidisciplinary community mobilization team committed to uplifting underprivileged children, youth, and families in marginalized urban slum communities. Focused on regions including Delhi/NCR, Haryana, Uttarakhand, and Uttar Pradesh, we prioritize access to essential services such as healthcare, nutrition, education, vocational training, and violence prevention.

Year 2024-25, BUDS has impacted 34,809 individuals—including marginalized children, girls, young women, and community members—across these states. Our approach combines grassroots engagement with strategic partnerships, ensuring sustainable and inclusive development.

METHODOLOGIES FOR IMPACT:

Community Sensitization:

- Leveraging IEC materials (Information, Education, and Communication)

Participatory Group Discussions:

- Led by BUDS team and community members, ensuring families are central to program design and implementation.

Targeted Home Visits:

- Personalized outreach by our team to identify eligible beneficiaries and connect them with tailored support.

Strategic Networking:

- Partnerships with NGOs, Government bodies, and civil society organizations to amplify resources and outreach.

Peer-Led Advocacy:

- Engaging our alumni network—comprising past beneficiaries—to identify new participants and bridge connections within their communities.

CHILD HEALTH & NUTRITION

MOBILE HEALTH VAN

IMPROVING ACCESS TO PRIMARY HEALTHCARE SERVICES THROUGH MOBILE HEALTH VAN (MHV) FOR VULNERABLE AND MARGINALIZED CHILDREN, YOUTH AND COMMUNITY

BUDS: Transforming Lives Through Accessible Healthcare and Empowerment

In the heart of marginalized communities, where access to basic healthcare and education often feels like a distant dream, BUDS has emerged as a beacon of hope. Over the past 8 years, this transformative initiative has touched the lives of More than **2,00,000** children, youth, and community members, bridging gaps in health, education, and development with unwavering dedication.

Reaching the Unreached: Mobile Health Van (MHV) in Action

BUDS' Mobile Health Van (MHV) delivered critical care to **30922** individuals across North Delhi, South Delhi, Northeast Delhi, Nuh (Haryana), Gautam Budh Nagar (Uttar Pradesh), and Dehradun (Uttarakhand). This lifeline on wheels offers more than just free medical treatment—it brings holistic care through health education, referrals, free medicines, follow-ups, and even home visits to tackle social barriers that hinder well-being. By parking itself in underserved areas, the MHV ensures no one is left behind.

↑10%

PATIENT INCREASED
THAN LAST YEAR

IMPROVING ACCESS TO PRIMARY HEALTHCARE SERVICES THROUGH MOBILE HEALTH VAN (MHV) FOR VULNERABLE AND MARGINALIZED CHILDREN, YOUTH AND COMMUNITY

A COMMUNITY MODEL BUILT FOR IMPACT: 22 DROP-IN CENTERS & COMPREHENSIVE CARE

BUDS' innovative approach combines **22 Drop-in Centers** (DICs) in high-need urban slums like Mori Gate-Red Fort and Sarai Kale Khan-Nizamuddin (Delhi), as well as rural Nuh (Haryana), Dehradun and Rishikesh (Uttarakhand) with the mobility of the MHV. These centers act as safe havens, offering systemic, professional, and timely healthcare. But BUDS goes beyond treating symptoms—it addresses root causes.

THE 3P APPROACH: PREVENTION, PROMOTION, PROMPT TREATMENT

BUDS tackles the social determinants of health through a visionary 3P framework:

- Prevention: Combating malnutrition, anemia, and low vaccination rates.
- Promotion: Educating communities to dismantle ignorance, patriarchy, and harmful norms.
- Prompt Treatment: Delivering free, quality care while connecting patients to long-term support.

This model doesn't just heal bodies—it empowers minds. By confronting issues like gender-based violence, school dropouts, and early child marriage, BUDS fosters resilience and equity

A Ripple Effect of Change

Every home visit, every health camp, and every referral tells a story of dignity restored. BUDS' work is a testament to the power of community-centric solutions in breaking cycles of poverty and neglect. As it expands its footprint, BUDS isn't just providing services—it's planting seeds for a healthier, more just future.

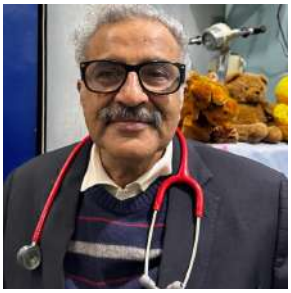
Please Join BUDS in its mission to turn obstacles into opportunities. Because when care reaches the unreached, entire communities thrive.

BUDS: Where health meets hope, and empowerment knows no boundaries

Mobile Health Van Data 2024-25

Unique				Follow-up				Health Education		Counseling		Referrals			
Service provided below 18 Years		Service provided through to Community Members		Service provided below 18 Years		Service provided through to Community Members								HB Test	Special camp
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	M	F	M	F	Total	Total
2435	2901	3169	4790	774	1002	1378	3267	2769	3955	879	2254	49	59	1056	185

Expanding healthcare services to ensure accessible, quality care for all—building a healthier, stronger community together.



HEALTH EDUCATION SESSION

NURTURING HEALTHY FUTURES: BUDS' SCHOOL-BASED HEALTH EDUCATION INITIATIVE

At BUDS, we believe that healthy children are the architects of a thriving society. By integrating preventive health education into school settings, we're bridging the gap between well-being and academic success—one classroom at a time.

WHY HEALTH EDUCATION?

Education and health are inseparable. Children in good health learn better, and educated children grow into healthier adults. Recognizing this symbiotic relationship, BUDS launched targeted health education workshops in schools in Nuh district, Haryana, and Drop-in Centers (DICs) in Delhi NCR. These programs, spearheaded by Dr. Indra Taneja, MD, FAAP (BUDS Trustee and senior pediatrician), and Mrs. Sandhya Mandal (Field Program Counselor),are designed to address age-specific developmental needs, empowering children with lifelong tools to make informed health choices.

Impact in Action

IMPACT IN ACTION

- Reached 6724 children through 250+ interactive sessions on disease prevention, nutrition, hygiene, and mental well-being
- Equipped students with knowledge to combat anemia, malnutrition, and infectious diseases while fostering healthy lifestyle habits.
- Engaged communities through BUDS' Mobile Health Van (MHV) and DICs

BUILDING BLOCKS OF A RESILIENT SOCIETY

Our workshops go beyond textbooks. They challenge harmful norms, promote gender equity, and inspire critical thinking. Every session is a step toward a society where health literacy is universal, opportunities are equitable, and every child can thrive.

A VISION IN MOTION

Healthy children today are tomorrow's change-makers," says Dr. Taneja. Through BUDS' school programs, we're not just preventing disease—we're planting seeds of empowerment.

JOIN US IN SHAPING TOMORROW

Together, let's ensure no child is left behind in the journey toward a healthier, brighter world.

SCREENING FOR ANEMIA & DISABILITIES

BUDS addresses these public health disparities by integrating targeted screening programs for anemia and disabilities in its **22 drop-in-centers (DICs)**. These efforts aim to enhance early detection, timely intervention, and holistic management—especially in underserved communities where healthcare access is sparse.

BUDS' MHV Screening Programs: Impact & Outcomes

Across Delhi/NCR, BUDS' multidisciplinary team of healthcare professionals conducted:

- Hemoglobin tests for **1056** children and young women to screen for anemia,
- Vision screenings for **185** children and young women to identify visual impairments and disabilities.

These screenings not only provide immediate health insights but also empower communities through education on nutrition, preventive care, and disability inclusion. BUDS' model demonstrates how mobile health initiatives can transform lives by prioritizing equity and early action.

HEALTH INTERVENTIONS: VITAMIN A SUPPLEMENTATION FOR UNDERSERVED CHILDREN IN DEHRADUN, UTTRAKHAND

Beyond education, Sevachild International has played a pivotal role in addressing a critical public health issue—Vitamin A deficiency, which is a major cause of malnutrition-related health problems among children under five. Vitamin A deficiency is a leading cause of preventable childhood blindness and increased susceptibility to infections, especially among children in low-income communities

- Through this project, **3,000** children under the age of five have received essential Vitamin A supplementation, significantly improving their:
- Immune system strength, reducing their risk of infections
- Vision health, preventing night blindness and other eye-related disorders
- Overall growth and development, supporting their physical and cognitive well-being

NAYRA'S JOURNEY TO BETTER HEALTH WITH BUDS

Two-year-old Nayra, a bright and playful child from Bindal Basti, had been struggling with frequent episodes of respiratory infections. Through BUDS' health initiative, supported by SevaChild, Nayra received two doses of Vitamin A capsules—a simple yet powerful intervention that strengthens immunity and prevents childhood illnesses. Since receiving the supplements, her mother has noticed a remarkable improvement in Nayra's health. "Earlier, she would fall sick so often, and we were always worried. But after taking the Vitamin A doses, she doesn't get colds and coughs as frequently. Her health has improved so much!" her mother shares with relief.

SEVACHILD'S IMPACT: STRENGTHENING EDUCATION AND HEALTH FOR UNDERPRIVILEGED CHILDREN

BUDS is immensely grateful for the generous support of Sevachild International, whose contributions have significantly strengthened our Bindal Basti Drop-in Centre (DIC) in Dehradun.

EMPOWERING CHILDREN THROUGH EDUCATION AT THE BINDAL BASTI DIC

The Bindal Basti Drop-in Centre (DIC) serves as a safe and nurturing space for children living in slum areas, offering them access to education, skill-building activities, and health awareness programs. With Sevachild's support, BUDS has been able to enhance the learning environment at the centre, providing educational materials, teacher support, and activity-based learning to bridge the educational gap for these children.Sevachild's contribution has not only sustained the centre's operations but also ensured that children from disadvantaged backgrounds receive the opportunities they deserve.

GAIL GAS LIMITED: TRANSFORMING LIVES THROUGH EDUCATION AND HEALTHCARE

GAIL Gas Limited has provided generous support in establishing two Drop-in Centres (DICs) in Maya Kund, Rishikesh, and Azaad Colony, Dehradun. These centres serve as crucial pillars of hope for underprivileged children, offering them access to education, healthcare, and essential life skills to help them integrate into the mainstream and secure a brighter future.

The Maya Kund and Azaad Colony DICs were established with the goal of bridging the educational gap faced by children from marginalized communities. Many of these children lack access to formal schooling due to economic hardships and social constraints. Through GAIL Gas Limited's generous contribution, these centres provide:

- Basic education and literacy programs to help children catch up academically
- Skill-building activities to enhance their cognitive and social development
- Awareness sessions on child rights, hygiene, and personal safety
- Counselling and mentorship to support emotional and psychological well-being

HEALTH AND WELL-BEING: MONTHLY HEALTH CAMPS FOR THE COMMUNITY

GAIL Gas Limited has played a pivotal role in improving community health by supporting monthly health camps at both DICs. These camps provide free medical check-ups, treatment, and awareness sessions on preventive healthcare, benefiting nearly 800 individuals from underserved backgrounds.

Key health interventions include:

- General health check-ups and medical consultations
- Nutritional guidance for children and mothers
- Screening and treatment for common illnesses and deficiencies
- Awareness sessions on hygiene, sanitation, and disease prevention

By addressing critical health concerns and ensuring access to basic medical care, these health camps have significantly improved the well-being of children and their families, reduced health risks and fostering a healthier community.

BUDS COMMUNITY LIBRARY INITIATIVE: FOSTERING EDUCATION & EMPOWERMENT

Reach to Read Community Library Programme by Buds is being run across Kala Khana with financial support from Shaheen Foundation Funded by Hindustan Times Media Ltd.

BUDS Community Library was designed to democratize access to education and foster inclusive learning for individuals aged 5 and above, transcending barriers of gender, socioeconomic status, and literacy levels. Aligning with BUDS' mission to empower marginalized communities through education, the library serves as a dynamic hub for intellectual growth, critical thinking, and community cohesion.

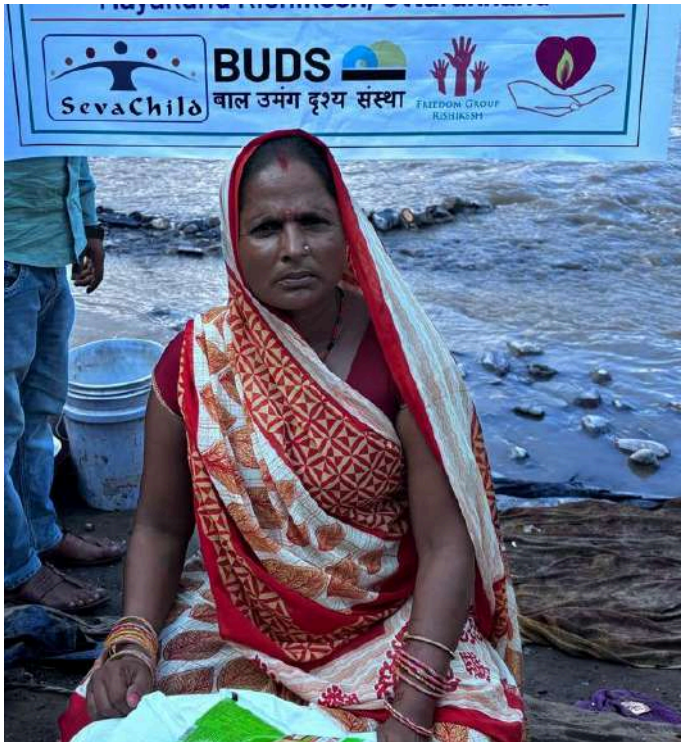
EMERGENCY FLOOD RELIEF IN RISHIKESH: NOURISHING HOPE IN MAYAKUND

In the wake of devastating floods triggered by unprecedented monsoon rains in Uttarakhand, BUDS, in partnership with SevaChild, swiftly mobilized to deliver critical aid to the slum communities of Mayakund, Rishikesh. These vulnerable families, already grappling with limited resources, faced heightened food insecurity as floodwaters disrupted livelihoods and access to essentials.

Our Response:

- Targeted Relief: Over three days, the BUDS team distributed 1,200+ nutritionally balanced dry ration kits to affected households. Each kit included staples such as rice, lentils, cooking oil, flour, and fortified grains, designed to sustain a family of four for two weeks.

Reaching the Most Vulnerable: Focused on marginalized communities in Mayakund's slum areas, our teams prioritized households led by single mothers, elderly caregivers, and daily wage workers displaced by the floods



Over three days, the BUDS team distributed **1,200+** nutritionally balanced dry ration kits to affected households

EDUCATION & VOCATIONAL SKILLS

RESOURCE CENTER FOR GENDER AND EDUCATION (PACE PROJECT) 14-25 YEARS

nirantar trust
A Centre for Gender and Education

PROGRAM OVERVIEW:

PARWAAZ ADOLESCENT CENTER FOR EDUCATION (PACE)

PACE is a transformative alternative education and functional literacy initiative designed for marginalized adolescent girls and young women. By bridging systemic gaps in access to formal education, BUDS identifies and engages individuals who were excluded from or compelled to drop out of traditional schooling systems. Through PACE, hosted at BUDS' Drop-in Centers (DICs), participants are guided toward the National Institute of Open Schooling (NIOS)—a government-backed open education platform accessible to learners of all ages.
Beyond academic support, BUDS dedicated remedial educators and counselors provide mentorship, vocational training, and livelihood linkages, empowering participants to reclaim their educational and economic futures.

PROGRAM GOAL

To eliminate gender-based disparities in education by ensuring equitable access to learning, health, and nutrition opportunities for marginalized girls and women, fostering holistic development and lifelong empowerment.

KEY OBJECTIVES

1. **Alternative Learning Pathways**
2. **Health & Nutrition Advocacy**
3. **Safe Spaces for Community Engagement**
4. **Confidence Building Through Exposure**
5. **Leadership & Holistic Development**
6. **Physical & Mental Fitness**

CURRENT YEAR IMPACT (2024-25)

- **320** girls and young women received 18 months of foundational literacy training. (Current Enrolled in last year)
- 208 PACE alumni transitioned to the NIOS system for formal academic certification.
- Ongoing mentorship, vocational skilling, and counseling ensured sustained progress for all participants.

IMPACT STORY

15-YEAR-OLD SAHIBA WAS TOLD HER DREAMS DIDN'T MATTER – BUT SHE'S PROVING EVERYONE WRONG

909 GIRLS AND YOUNG WOMEN

Since 2018 BUDS Successfully changes lives of 909 girls and young women through the PACE Program

ENROLLED IN SKILLS AND EDUCATION PROGRAM

151 Youth Enrolled in BUDS skills Program in year 2024-25

15-year-old **Sahiba** was told her dreams didn't matter – but she's proving everyone wrong. Samreen, our lead field social worker in Shiv Vihar, Northeast Delhi, found Sahiba during her tireless efforts to identify girls who never attended school or were forced to drop out.

Sahiba comes from a family of seven. Her father, a rickshaw puller, and her mother, a homemaker, struggled to make ends meet. To support the family, everyone took on domestic work, and Sahiba had to leave school in 9th grade due to financial difficulties. Convincing her parents to let her return to education wasn't easy—it took patient counseling and visits to the BUDS center to show them the opportunities waiting for Sahiba.

At BUDS, we help girls like Sahiba find their way back to learning. Though her long gap in schooling had left her behind, our team identified her needs and provided the remedial support necessary to get her back on track. Today, thanks to her grit and determination, Sahiba is reading and writing at her age-appropriate level and preparing to resume her formal education.

Your support can help more girls like Sahiba reclaim their dreams.

Your support can rewrite their stories and turn dreams into reality. Together, we can create a brighter future for these girls.

TRAINING OF THE TRAINERS (TOT) PHYSICAL FITNESSASSESSMENT FOR STUDENTS OF CLASS 11-12TH AND YOUTH

Bal Umang Drishya Sanstha (BUDS), in collaboration with the Ministry of Youth Affairs and Sports and the Directorate of National Service Scheme (NSS) Delhi, successfully implemented a two-phase Training of Trainers (TOT) program aimed at promoting physical fitness among students of Class 11 and 12, as well as Youth across India. The program focused on equipping educators and NSS Program Officers with the skills and knowledge to conduct standardized fitness assessments, foster a culture of fitness, and encourage active lifestyles among students and youth.

PHASE-I

TRAINING OF TRAINERS (TOT) FOR PHYSICAL FITNESS ASSESSMENT OF CLASS 11 & 12 STUDENTS UNDER PILOT PROJECT IN DELHI – 23 AUGUST 2024

The Training of Trainers (TOT) for Physical Fitness Assessment of Class 11 and 12 students was successfully conducted on Friday, August 23, 2024, at the Jawaharlal Nehru Stadium, New Delhi. The event was organized by Bal Umang Drishya Sanstha (BUDS) in collaboration with the Ministry of Youth Affairs and Sports and the Regional Directorate of National Service Scheme (NSS) Delhi.

- Timing: 9:00 AM – 5:00 PM, Participants: 30 NSS Program Officers from various schools across Delhi.

Objective: To equip educators and NSS Program Officers/volunteers with the necessary skills, knowledge, and techniques to conduct standardized fitness assessments for students.

Goal: Foster a culture of fitness among students, ensuring regular monitoring and improvement of their physical health. Trainers were prepared to guide students through fitness assessments, provide feedback, and promote lifelong fitness habits.

Post-TOT Implementation:

After the training, Mr. Joginder Sheoran, Mr. Yawar Qaiyum and Mr. Id Mahammad visited 30 schools across Delhi, conducting physical fitness assessments for 3,000 students of Class 11 and 12. They also motivated students to maintain good physical fitness and adopt an active lifestyle.

PHASE-II

TRAINING OF TRAINERS (TOT) FOR PHYSICAL FITNESS ASSESSMENT FOR YOUTH (NATIONALLY)

In February 2025, a nationwide expansion of the TOT program was conducted at the Vishwa Yuva Kendra, New Delhi. A total of 140 NSS Program Officers (POs) attended 4 zonal TOT sessions, each targeting specific regions of India.

1. **TOT-1 (West Zone)** Date: 02 February 2025, States Covered: Rajasthan, Gujarat, Madhya Pradesh, Jharkhand, Chhattisgarh, Maharashtra, Goa, Bihar, Daman & Diu. Participants: 35 NSS Program Officers.
2. **TOT-2 (North Zone)**
   - Date: 09 February 2025, States Covered: Delhi, Haryana, Punjab, Uttar Pradesh, Uttarakhand, Himachal Pradesh, Jammu & Kashmir, Chandigarh. Participants: 35 NSS Program Officers.
3. **TOT-3 (South Zone)**
   - Date: 16 February 2025, States Covered: Tamil Nadu, Kerala, Karnataka, Odisha, Andhra Pradesh, Telangana.
   - Participants: 35 NSS Program Officers.
4. **TOT-4 (East Zone)**
   - Date: 23 February 2025, States Covered: West Bengal, Sikkim, Nagaland, Assam, Manipur, Mizoram, Meghalaya, Tripura. Participants: **35** NSS Program Officers.

Post-TOT Implementation:

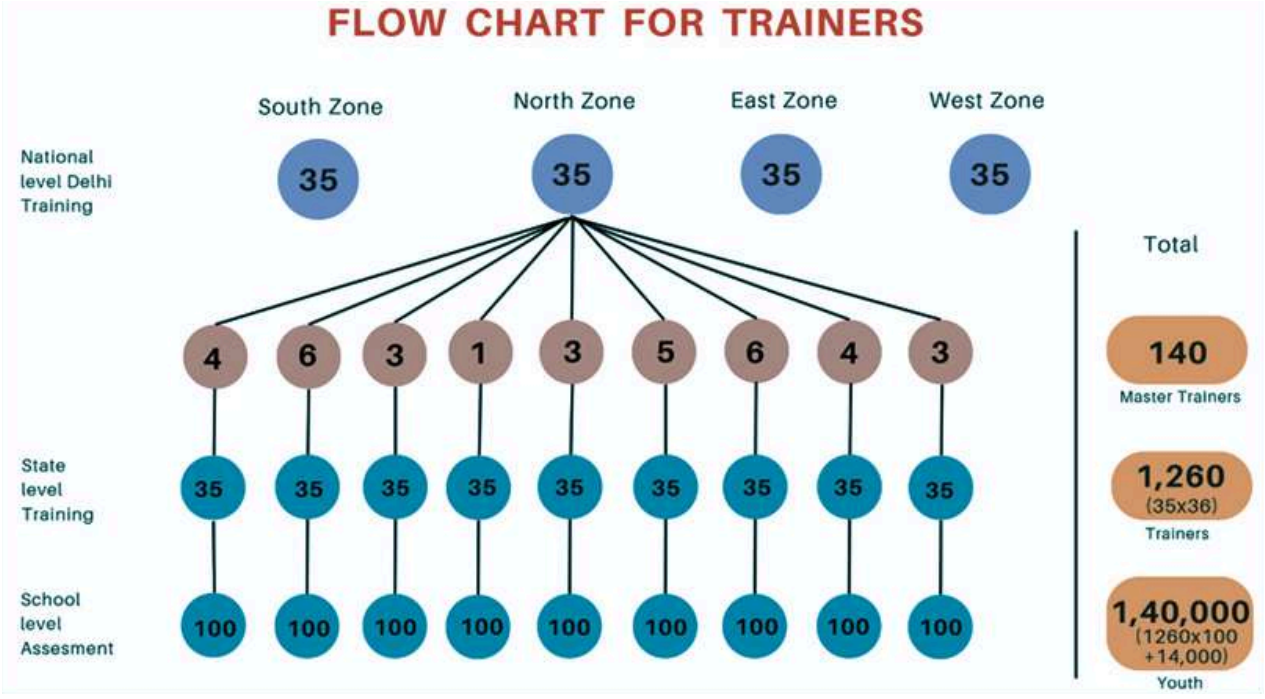
After completing the training, the Program Officers returned to their respective states and conducted similar TOT sessions for 30-35 NSS Program Officers in each state. This cascading approach ensured the widespread dissemination of standardized physical fitness assessment techniques and the promotion of active lifestyles among youth across the country.

Glimpses

Key Outcomes:

- Standardized Fitness Assessments: Educators and NSS volunteers were trained to conduct uniform fitness assessments, ensuring consistency and reliability in evaluating students' physical health.
- Promotion of Active Lifestyles: Students were motivated to adopt and maintain healthy fitness habits, contributing to their overall well-being.
- Nationwide Reach: The program expanded from a pilot project in Delhi to a nationwide initiative, impacting thousands of students and youth across India.
- Capacity Building: Trained **170** NSS Program Officers (30 in Delhi and 140 nationally) to conduct standardized physical fitness assessments.
- Student Impact: Directly assessed and motivated **3,000** students in Delhi. Indirectly impacted thousands of students and youth nationwide through the cascading TOT model.

This initiative highlights the importance of physical fitness in youth development and underscores the collaborative efforts of organizations like BUDS, the Ministry of Youth Affairs and Sports, and the NSS in fostering a healthier, more active generation.



SPORTS INITIATIVE PROMOTES INCLUSION AND WELLNESS FOR UNDERPRIVILEGED YOUTH

A diverse range of sporting activities—including hula hooping, tennis, kho kho, volleyball, football, dodgeball, rugby, and handball—were organized by BUDS for underprivileged children and young women in Delhi's Mori Gate and Sarai Kale Khan communities. The initiative aimed to foster inclusivity, teamwork, and physical well-being among marginalized groups.

Volunteers from PwC India actively participated in the event, playing a pivotal role in its success. The program provided participants with opportunities to engage in physical exercise, improve fitness levels, and gain awareness of the long-term health benefits of an active lifestyle. Post-event feedback revealed heightened enthusiasm for sports among the children and young women, along with a stronger grasp of the connection between regular exercise and overall wellness.

Beyond promoting physical health, the initiative emphasized collaboration and social inclusion, creating a supportive environment for personal growth.

To sustain this positive impact, BUDS advocates for regular programming of such activities, ensuring continued access to avenues for both physical development and holistic empowerment.

Glimpses

REMEDIAL EDUCATION (BONTON EDUCATION PROGRAM) 6- 10 YEARS

PROGRAM OVERVIEW

The **BONTON CABLES PVT. LTD** Remedial Education Program addresses systemic educational barriers faced by marginalized children aged 6–10, including those from economically disadvantaged backgrounds.

In 2024-25, BUDS provided tailored academic support to 58 children across Delhi, fostering foundational literacy, numeracy, and confidence to reintegrate into formal schooling.

Education Support

Objective: Bridge learning gaps through personalized, grade-aligned instruction in core subjects.

Impact: 58 children received daily remedial classes, with **80%** showing measurable improvement in reading, writing, and arithmetic skills.

Supplementary Nutrition Support

Proper nutrition is critical for cognitive development, concentration, and school attendance. Daily supplementary nutrition provided to all children, ensuring children are physically and mentally prepared to learn.

Health & Wellness

Health Screening assessments to monitor growth and development of **58** children

Hemoglobin tests for early anemia detection of **22** children

Outcome :100% of children received health check-ups, with tailored interventions for 22% identified as at-risk.

Holistic Development:

Recreational Games: Carrom, Ludo, puzzles.

Educational Games: Hindi Shabd khel (wordplay), number card games, and alphabetical exercises.

Art & Craft Workshops

Handmade paper flowers with personalized names. Origami sessions, fostering fine motor skills and imaginative expression.

2024-25 Vision

Expand enrollment to **100** children with a focus on gender equity. Integrate digital literacy tools into remedial lessons.

Strengthen partnerships with local health providers for sustained wellness support.

Why This Works

- Integrated Approach: Combines education, health, and creativity to address barriers holistically
- Enhanced teamwork, critical thinking, and enthusiasm for learning through play
- Community Focus: Activities like games and art foster social-emotional growth, ensuring children feel safe, valued, and motivated to learn.

Impact Statement

In 2024-25, BUDS empowered 58 marginalized children to reclaim their right to education, health, and joy. By nurturing both minds and bodies, we are building a generation capable of breaking cycles of poverty and inequality.

TARANG EDUCATION PROGRAM (10-14 YEARS)

Program Overview

The Tarang initiative addresses the critical needs of Very Young Adolescents (VYAs), aged 10–14, from urban-poor communities in Delhi's slums and resettlement colonies.

Target Demographic

The majority of VYAs in the program are first-generation learners. Their parents migrated to Delhi as unskilled laborers, domestic workers, or self-employed individuals in the unorganized sector, resulting in limited access to educational guidance and resources.

Curriculum Development

To design an age- and context-appropriate curriculum, we conducted a multi-phase research process:

1. Literature Review: Analyzing existing studies on adolescent development and urban education challenges.
2. Community Engagement: Conducting Focus Group Discussions (FGDs) and regular field visits to understand VYAs' lived experiences.
3. Stakeholder Consultations: Collaborating with youth, parents, and community members to identify priorities, such as foundational literacy, life skills, and socioemotional growth.

Program Implementation

Currently, Tarang operates three centers in Delhi:

- Locations: Sarai Kalekhan, Shiv Vihar, and Mori Gate.
- Enrollment: 135 adolescents are enrolled, focusing on accelerating foundational literacy, writing skills, and holistic development through structured modules and experiential learning.

Community Outreach & Enrollment

Enrollment begins with a one-month community outreach phase, where our team engages families through door-to-door interactions, awareness sessions, and trust-building activities. Learners are formally admitted after completing baseline assessments to gauge their educational levels and needs.

Future Goals

Tarang aims to expand its reach while refining its curriculum to address systemic barriers faced by urban-poor VYAs, ensuring they gain the skills and confidence to thrive academically and personally.

LEARNING RESOURCE CENTER (NUH, HARYANA)

Program Overview

The Learning Resource Centers (LRCs) are designed to empower girls and young women in Mewat (Nuh), Haryana, through an educational framework rooted in feminist principles and grounded in their lived realities. Developed in collaboration with Nirantar Trust, these centers foster critical understanding of gender, sexuality, and social equity, addressing systemic barriers faced by marginalized communities.

Partnership & Approach

BUDS, in partnership with Nirantar Trust, operates three three LRCs across the Nuh district. The program employs participatory and feminist methodologies to ensure training content and activities reflect the lived experiences of participants. By centering marginalized voices, the curriculum challenges patriarchal norms and equips girls with tools to navigate and resist gender-based inequalities.

Key Methodologies

- Participatory Learning: Engages girls through dialogue, storytelling, and collaborative activities to connect theory with personal and community experiences.
- Contextualized Content: Training materials and discussions are tailored to the socio-cultural realities of rural Haryana, ensuring relevance and resonance.
- Stakeholder Engagement: Collaborates with community leaders, educators, and local organizations to amplify impact and foster supportive ecosystems for gender equity.

Program Reach

- Locations: Padheni, Rehari, and Dhulawat villages in Nuh district, Haryana.
- Beneficiaries: **148** girls and young women currently participate in structured workshops, discussions, and skill-building sessions focused on gender literacy, bodily autonomy, and leadership.

Impact & Future Goals

The LRCs aim to expand access to gender education while deepening community engagement to shift attitudes and norms. By nurturing confidence and critical thinking, the program empowers participants to advocate for their rights and become catalysts for change within their communities.

NATIONAL INSTITUTE OF OPEN SCHOOLING FOR MARGINALIZED GIRLS & YOUNG WOMEN

Program Overview

BUDS has successfully transitioned **138** marginalized young women and girls into the National Institute of Open Schooling (NIOS) after they completed an 18-month foundational PACE Program. These learners, who previously dropped out or never attended school, are now reclaiming their right to education and paving the way for brighter futures.

2024-25 Impact Snapshot

✅ 138 beneficiaries supported with financial aid, academic guidance for NIOS enrollment and success.
✅**100**% first-generation learners from marginalized communities in Delhi/NCR, Dehradun, Uttarakhand and Haryana.
✅ Holistic development through life skills, mentorship, and gender-sensitive pedagogy.

Why This Matters !

Marginalized girls in India face a triple burden:

- Educational exclusion due to poverty and societal norms.
- Limited employability without formal certification or skills.
- Systemic inequities that silence their voices.

BUDS dismantles these barriers, transforming learners into confident, skilled individuals ready to lead change in their communities.

The Road Ahead

BUDS aims to:

- Scale NIOS enrollments to 100+ girls annually.
- Expand vocational training in high-demand sectors in healthcare and tech
- Strengthen partnerships with local employers for job placements.

Empower a Girl, Transform a Generation.

Lighting Pathways to Education, Equity, and Empowerment!

↑300%

MORE SUPPORT THAN LAST YEAR IN MAINSTREAMING

SPOKEN ENGLISH CLASSES EMPOWER MARGINALIZED GIRLS AND YOUNG WOMEN

PROGRAM OVERVIEW

The Spoken English Classes for Marginalized Girls & Young Women initiative was launched with collaboration between **Intercontinental Consultants and Technocrats Private Limited (ICT)** to address systemic barriers preventing marginalized communities from accessing quality English language education. By equipping participants with foundational language skills, the program seeks to enhance their educational and career opportunities, fostering socio-economic empowerment and inclusion.

Key Objectives

- To build basic spoken English proficiency among marginalized youth.
- To boost confidence in verbal communication and comprehension.
- To strengthen employability and academic prospects through improved language skills.

Impact and Participation

A total of **36** young women and girls have benefited from the program so far. Early outcomes indicate increased self-assurance in using English for daily interactions, along with growing awareness of how language skills can unlock pathways to higher education and sustainable livelihoods.

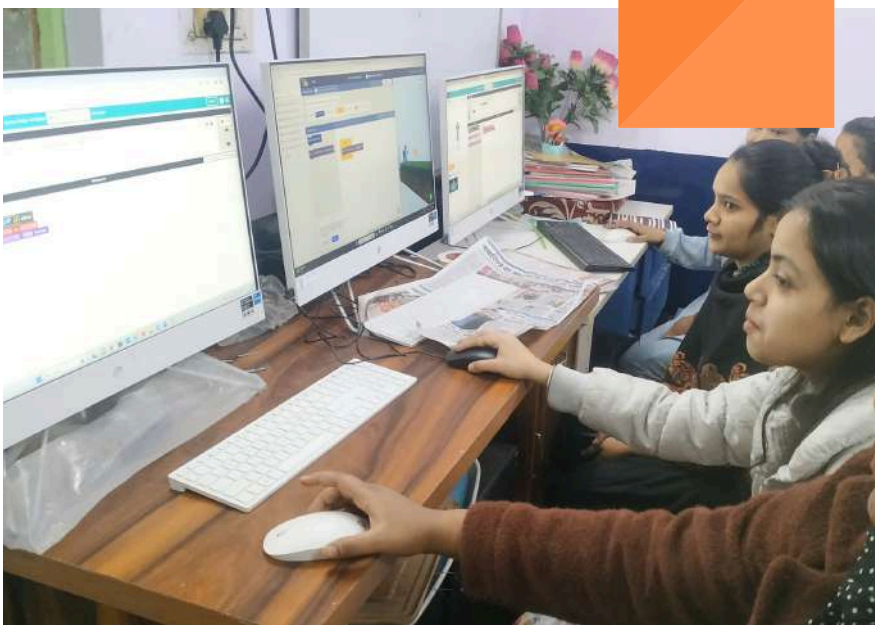
The Way Forward

Sustaining such initiatives is critical to ensuring long-term progress. Expanding access to language education will remain a priority, empowering marginalized groups to overcome socio-economic challenges and participate more fully in their communities.

BUDS heartily thanks to **Mr. K.K Kapila, Chairman, ICT** for supporting and ensuring Spoken English program through the English teacher **Chander Bala.**

SKILL DEVELOPMENT PROGRAM FOR MARGINALIZED YOUTH

PROGRAM OVERVIEW



Bal Umang Drishya Sanstha (BUDS) launched its Skill Development Program for Marginalized Youth to empower disadvantaged individuals through vocational training. The initiative aims to break the cycle of poverty by equipping participants with industry-relevant skills, enabling sustainable livelihoods, and contributing to the holistic development of marginalized communities.

Key Objectives

- Provide vocational training aligned with local employment market demands.
- Deliver tailored career counseling to guide educational and career decisions.
- Equip youth with skills to meet industry standards and enhance employability.

Impact & Vision

By bridging the skills gap and aligning training with market needs, BUDS empowered **111** marginalized youth to secure sustainable livelihoods, fostering socio-economic inclusion. Continued expansion of such programs remains critical to driving long-term community transformation.

Course	Details
Certificate Course in Computers (CCC)	BUDS currently runs a CCC vocational training program at its Sarai Kale Khan Drop-in-Center (DIC), with 50 youth enrolled. The curriculum focuses on: Digital Literacy Foundations, Software Proficiency, Internet & Information Literacy, Employability Enhancement,
Regional Rapid Transport System (RRTS) & Institute of Training and Driving Research (ITDR)	Women Driving training program and employability with 46 & **35** women registered with these training programs respectively
Digital Marketing Training	BUDS sponsored 3 youth to pursue a certified Digital Marketing course at Taraqqi-I-Foundation, a reputed institute, broadening their career prospects in the digital economy.
Multi-Media and Video Editing course	BUDS sponsored 3 youth to pursue a certificate Multimedia and Video Editing course at Manzil Media Lab (MML) a reputed institute, broadening their career prospects in the digital economy.

BUDS & ITDR, DEHRADUN COLLABORATION ON DRIVING TRAINING PROGRAM FOR YOUNG WOMEN

Introduction

This year, BUDS NGO, in collaboration with the Institute of Training and Driving Research (ITDR), launched an empowering initiative aimed at enhancing the skills and independence of young girls in our community. The program not only focused on practical driving skills but also fostered confidence and self-reliance, preparing these girls for a more independent and mobile future.

Program Overview

The driving training program, offered in partnership with ITDR, was designed to provide our young participants with professional driving instruction. After acquiring their learner's licenses, the girls underwent comprehensive training under the expert guidance of ITDR instructors. This training covered both theoretical and practical aspects of driving, ensuring that participants gained essential knowledge of road safety, traffic rules, and the technical skills needed to operate a vehicle safely.

ITDR's Role

ITDR played a pivotal role in the success of this initiative. They provided an organized and structured curriculum tailored to meet the needs of young learners. The ITDR instructors delivered interactive lessons on road safety, traffic signs, and basic vehicle maintenance, while also focusing on developing the girls' practical driving skills,

Impact and Outcomes

The collaboration between BUDS NGO and ITDR resulted in the following positive outcomes for the 35 young girls enrolled in the program.

- **Skill Development**
- **Confidence Building**
- **Future Opportunities**
- **Community Engagement**

Testimonies and Success Stories

"Before the driving classes, I never thought I would be able to drive. Now, I feel empowered, and I know that I can do more for myself and my family," said one of the participants, reflecting on the impact of the training on her life.

Another participant added, "This training opened up a new world for me. I am more confident and look forward to using my skills in my future job."

PREVENTION OF VIOLENCE AGAINST WOMEN & GIRLS

EMPOWERING WOMEN AND GIRLS TO COMBAT VIOLENCE THROUGH EDUCATION AND SKILLS

Violence against women and girls (VAWG) remains a pervasive human rights violation with devastating consequences for individuals, families, and societies globally. Bal Umang Drishya Sanstha (BUDS) tackles this crisis through a holistic strategy integrating education, vocational training, and community mobilization to foster safety, resilience, and socio-economic independence.

Program Objectives

- Raise awareness about the prevalence and lifelong impacts of gender-based violence.
- Combat harmful gender stereotypes and norms perpetuating violence.

BUDS' Multifaceted Approach

Holistic Support Services

- Counseling: Offered confidential counseling services at BUDS Drop-in Centers (DICs) for survivors of gender-based violence.

Empowerment Programs:

- Leadership development workshops and mentorship initiatives.
- Vocational training and job placement support to foster financial autonomy.
- Parvaz Adolescent Center for Education (PACE): Remedial education and life skills training for adolescent girls to rebuild confidence and agency.

Community Mobilization

- Facilitated community dialogues, workshops, and awareness campaigns to engage stakeholders—including men, boys, and local leaders—in advocating for gender equity and violence prevention.
- Strengthened civil society partnerships to amplify outreach and resource allocation.

Impact in 2024-25

BUDS identified **316** domestic violence cases across Delhi/NCR, Haryana, and Uttarakhand, providing survivors with a multidisciplinary support system involving:

- Psychological counseling and peer support groups.
- Collaboration with local authorities and NGOs to ensure long-term solutions.

The Way Forward

BUDS remains committed to breaking cycles of violence through sustainable education and economic empowerment. By equipping women and girls with skills, knowledge, and community solidarity, the initiative aims to foster safer, more equitable societies where every individual can thrive.

↑ 316

Impacted through counseling, skills and job placement

COMMUNITY BASED RESEARCH

Open access Original research

BMJ Paediatrics Open

Mobile health van as an intervention to provide clinical support and health promotion to street children and marginalised populations in the National Capital Region of Delhi: a mixed-methods evaluation

Rajeev Seth ,[1] Tanu Girotra Girotra ,[2] Id Mohammad ,[2] Yawar Qaiyum,[2] Indra Taneja,[1] Shanti Raman [3,4]

To cite: Seth R, Girotra TG, Mohammad I, *et al*. Mobile health van as an intervention to provide clinical support and health promotion to street children and marginalised populations in the National Capital Region of Delhi: a mixed-methods evaluation. *BMJ Paediatrics Open* 2025;**9**:e002988. doi:10.1136/bmjpo-2024-002988

Received 16 August 2024

ABSTRACT

Background Urban health challenges, particularly for street and slum-dwelling children and families, have emerged as one of the most significant health concerns in India. While there is little published on effective healthcare delivery to these populations, mobile health vans (MHV) have been proposed as a proactive pathway to providing outreach healthcare. Our aims were to evaluate the impact of Bal Umang Drishya Sanstha (BUDS) MHV in providing health and support services to the urban slum populations in Delhi National Capital Region (NCR), focusing on benefits to children.

Methods This was a mixed-methods evaluation,

WHAT IS KNOWN ABOUT THE SUBJECT

⇒ Street and slum-dwelling children and their families face significant health challenges.

⇒ Street children and young people in particular experience many rights violations and struggle with access to quality healthcare.

⇒ Mobile health vans (MHVs) have been mooted as an innovative approach to accessing underserved and hard to reach populations.

WHAT THIS PAPER ADDS

⇒ MHVs, in this urban setting of Delhi National Capital Region, provided much needed clinical services to

copyright.

Read Full Article: https://bmjpaedsopen.bmj.com/content/9/1/e002988

Sustainable Health Futures: Building Adaptability and Durability in Public Health Research Investments

April 9, 2024 / PLOS / Johns Hopkins School of Public Health Vaccines & BUDS

Authors: Baldeep K. Dhaliwal, Aastha Kant, Rajeev Seth, Yawar Qaiyum, Vijayluxmi Bose, Kayur Mehta, Anita Shet

Ms. Baldeep K. Dhaliwal and Dr. Aastha Kant co-led this piece as researchers at the Johns Hopkins International Vaccine Access Center as part of the ARISE Project. Dr. Rajeev Seth, Mr. Yawar Qaiyu, and Ms.Vijayluxmi Bose, researchers from Bal Umang Drishya Sanstha, and Dr. Kayur Mehta and Dr. Anita Shet of Johns Hopkins International Vaccine Access Center, supported the development of this blog. For any questions, please reach out to : Ashet1@jhu.edu

Read Full Article https://yoursay.plos.org/2024/04/sustainable-health-futures-building-adaptability-and-durability-in-public-health-research-investments/

Street and working children: a call for rights-based approach to their health and well-being

Rajeev Seth [1], Pia MacRae [2], Jeffrey Goldhagen [3,4], Shanti Raman [5,6]

bmjpo: first published as 10.1136/bmjpo-2023-002486 on 28 March 2024.

VIEWPOINT

Street and working children (SWC) globally are among the most vulnerable to violence, exploitation and exposure to hazardous and toxic environments. As such, they experience profound violations of their human rights. This is a global crisis with the burden being disproportionately borne by the low-income and middle-income countries. By prioritising the rights, health, development and well-being of these children, a future can be created where they have opportunities to thrive.

Despite these international conventions stating what is expected of nation states in terms of promoting the rights of SWC, they remain largely invisible; their health and well-being have had poor visibility in healthcare and research. Conservative estimates put the number of children living in street situations worldwide at over 100 million, including in high-income countries.[3] A fluid, mobile population, often without birth certificates or legal identities, SWC cannot be accurately counted in official statistics, thus this number is very likely an underestimate.

profound and devastating impact on children's rights worldwide, contributing significantly to the increase in the number of SWC. This issue transcends borders and affects low-income, middle-income and high-income countries alike.

SWC experience multiple adverse childhood experiences, harsh living and working conditions, and thus bear the burden of a range of short, medium and long-term health consequences.[3] Access to appropriate and quality healthcare is challenging for both groups of children and young people. SWC seek appropriate healthcare services in diverse settings, but most importantly in public healthcare institutions. There is a significant role that supportive adults—non-governmental organisation workers or family members—can play in facilitating these young peoples' access to healthcare.[4]

CHILD RIGHTS-BASED RESPONSES

Translating the principles, standards and norms of child rights, health equity and social justice into clinical practice, systems

View full research https://pmc.ncbi.nlm.nih.gov/articles/PMC10646667/

children

MDPI

Article

Adapting Child Development Assessment Tools to the Rural Indian Context

Riti Chandrashekhar [1,2,*,†], Baldeep K. Dhaliwal [1,3,†], Ananya Rattani [2], Rajeev Seth [2], Suba Guruprasad [4], Himani Khanna [5] and Anita Shet [1,3]

Abstract: Background: Child development assessment tests serve many purposes, including educational placement, identifying cognitive weaknesses, and initiating early interventions. Much of the research associated with developmental testing has been conducted in high-income countries, offering limited guidance on adapting these tests to other settings. Objectives: As part of the first phase of a study exploring the impact of childhood vaccines on cognition and school attainment, we aimed to assess the feasibility of enrolling children from the community, documenting immunization, and conducting child development assessments for children between 18 months and 8 years of age in a rural setting in Haryana, India. Methods: To ensure assessments are optimally tailored to the context, child development assessment tests require valid translation and cultural adaptation. This report describes the rigorous seven-step adaptation process we designed for the contextually appropriate adaptation of the following three child development assessment tests: the Bayley Scales of Infant Development-IV, the Stanford Binet Intelligence Scale Fifth Ed. for Early Childhood, and the Wechsler Intelligence Scale for Children IV. Results: This process involved translating tests into the local language, back-translating them for accuracy, adapting them to the rural context via several iterations, and field-testing to refine and validate adaptation quality. Conclusions: This adaptation process may be beneficial for other researchers involved in adapting child development assessment tests to other settings. Further, this adaptation process may inform other researchers involved in adapting tests for diverse settings.

check for updates

Citation: Chandrashekhar, R.; Dhaliwal, B.K.; Rattani, A.; Seth, R.; Guruprasad, S.; Khanna, H.; Shet, A. Adapting Child Development Assessment Tools to the Rural Indian Context. *Children* **2024**, *11*, 1115.

View full research https://www.mdpi.com/2227-9067/11/9/1115

BUDS STRATEGIC PLAN 2025-2026

Vision To create equitable opportunities for marginalized communities through sustainable healthcare, inclusive education, and violence prevention.

STRATEGIC PILLARS & OBJECTIVES

Institutional Strengthening & Capacity Building

Objective: Enhance staff expertise and organizational efficiency.

Actions:

- Monthly staff training on counselling, health policies (Ayushman Bharat Yojana, Financial assistant from govt. scheme), legal frameworks on POCSO, and technical skills.
- Develop SOPs for healthcare, education, and violence prevention programs by 2025.
- Conduct bi-annual new employee orientations to align staff with BUDS' mission.

Key Point Indicators:

- 100% staff trained on SOPs by 2025.
- 80% improvement in service delivery efficiency measured via feedback.

Healthcare Expansion & Digitization

Objective: Improve healthcare access and data-driven decision-making.

Actions:

- Launch New Mobile Health Van (MHV) coverage to 5 new districts in Delhi and Uttar Pradesh by 2025.
- Implement Hikma Health Care software/PwC for centralized healthcare data management.
- Partner with local health authorities to conduct health camps targeting maternal and child health.

Key Point Indicators:

- 30% increase in MHV beneficiaries by 2025.
- 90% digitization of patient records by 2025.

Inclusive Education & Gender Equity

Objective: Promote quality education and gender equality.

Actions:

- Integrate boys into 50% of gender equality workshops by 2025.
- Expand PACE remedial education programs in Delhi/NCR and Uttarakhand.
- Train teachers on inclusive pedagogy and digital tools.

Key Point Indicators:

- 40% increase in girls' school retention rates by 2025.
- 500+ boys engaged in gender sensitization programs.

Violence Prevention & Community Empowerment

Objective: Reduce gender-based violence and foster economic independence.

Actions:

- Form 10 Self-Help Groups (SHGs) for women in high-risk areas (2026).
- Collaborate with local police to conduct 10 sensitization workshops on violence reporting (2025–2026).
- Provide survivors with counselling, legal aid, and vocational training.

Key Point Indicators:

- 30% reduction in reported domestic violence cases in intervention areas.
- 70% of SHG members will achieve financial independence by 2027.

Partnerships & Advocacy

Objective: Amplify impact through collaboration.

Actions:

- Strengthen alliances with 5 NGOs working on education and violence prevention.
- Organize quarterly meetings with MPs, MLAs, and Panchayat leaders to advocate for policy changes.
- Leverage social media for awareness campaigns on health and gender rights.

Key Point Indicators:

- 3 joint initiatives with partner NGOs by 2026.
- 50% increase in social media engagement on likes, shares, repost, subscribes etc.

Monitoring, Evaluation & Learning

Objective: Ensure accountability and adaptive programming.

Actions:

- Conduct bi-annual impact assessments using data and beneficiary surveys.
- Implement pre- and post-training feedback systems for all programs.
- Document and share 10 success stories annually to attract funding.

Key Point Indicators:

- 100% programs evaluated for impact by Q4 2026.
- 20% increase in donor funding through documented outcomes.

Sustainability & Risk Mitigation

Funding: Diversify revenue streams through CSR partnerships, grants, and crowdfunding.
Submit proposals to local and international donors to sustainability of all program currently running by BUDS
Conclusion

By 2026, BUDS aims to empower 10,000+ marginalized individuals through healthcare, education, and violence prevention programs. This plan prioritizes collaboration, innovation, and community ownership to drive lasting change.

CHILDREN DAY CELEBRATION 2024

Bal Umang Drishya Sanstha (BUDS) marked Children's Day 2024 with a vibrant celebration at the Delhi Medical Association (DMA) Hall, uniting marginalized children and young women in a day brimming with creativity, laughter, and inspiration. Designed to foster confidence, self-expression, and inclusion, the event became a testament to the transformative power of community support and opportunity.

HIGHLIGHTS OF THE CELEBRATION

Art & Painting Sessions: Voices Through Colors

Creativity took center stage as children transformed blank canvases into vibrant stories. Through bold strokes and imaginative designs, they expressed their hopes, fears, and dreams, turning art into a powerful medium of self-discovery and emotional healing.

Sports Activities: Teamwork and Triumph

The hall echoed with cheers as children participated in spirited games, blending competition with camaraderie. These activities reinforced resilience, teamwork, and the sheer joy of movement, reminding everyone that play is a universal language of empowerment.

Dance Performances: Rhythm of Resilience

The stage came alive with dynamic performances blending traditional and contemporary styles. Young dancers captivated the audience, their energy and confidence radiating a message of strength and cultural pride.

Speech & Expression: Dreams Take the Mic

Brave voices took the spotlight as children and young women shared heartfelt speeches about their journeys at BUDS. Their stories of aspiration—from becoming teachers to engineers—highlighted the impact of nurturing environments on marginalized youth

Role Play, Mimicry & Songs: Laughter with Purpose

Humor met advocacy through witty role-plays and mimicry acts. Children creatively addressed critical issues like mental health, education access, and early child marriage, blending entertainment with awareness to spark meaningful dialogue.

Prizes & Gift Distribution: Warmth and Encouragement

Every child departed with cherished memories and practical support—a bundle of warm winter clothes and prizes celebrating their participation. These gestures underscored BUDS' commitment to holistic care, ensuring both emotional and physical well-being.

Gratitude to Our Champions

BUDS extends heartfelt appreciation to **Dr. Rajeev Seth** (Managing Trustee), **Dr. R.N. Srivastava** (Trustee), and **Mr. Yawar Qaiyum** (Director of Operations) for their visionary leadership. Special thanks to the **Delhi Medical Association (DMA)** team for their partnership, and to every volunteer, donor, and supporter who helped turn this day into a beacon of hope.

A Future Built on Inclusion

This celebration was more than an event—it was a pledge. A pledge to keep amplifying marginalized voices, dismantling barriers, and nurturing dreams. Together, we reaffirm our mission: to ensure every child and young woman, regardless of circumstance, can write a future filled with dignity, opportunity, and joy.

DONORS SITE VISITS

Honoring Our Partners: Collaborative Care for Health Equity

We are deeply grateful to **Mr. Rick Carlton**, Founder & President of Sevachild International and Guest of Honor at BUDS, for spearheading the Vitamin A Camp at our Drop-in Centers in Dehradun and Rishikesh.

The inauguration of the "Drop-in-Center for Education and Free Health Camp" was held with the aim of addressing the educational and healthcare needs of marginalized communities of Azad colony Dehradun and Mayakund Rishikesh, Uttrakhand.

Mr. **V K Kapurwan** (GM) visited to the DIC of Maya Kund Rishikesh. He talked with the learners and the staff is the BUDS then he examine the all the records of the DIC. He also test the learner's height and weight and match the record.

Mr. Kapurwan emphasized how the partnership between BUDS and GAIL Gas aims to create long-term positive impacts through this drop-in-center.

Mr. Jaivir Singh, Vice Chair of PwC India Foundation, and Ms. Shreya from PwC India visited the Mori Gate BUDS Mobile Health Van camp in an act of goodwill, where they interacted with our medicos, commending them for engaging in social service.

Furthermore, they shared their vision for a new MHV, equipped with advanced features to offer improved healthcare access furnished to the marginalized communities.

As we work towards making a lasting impact on community health, BUDS aims to drive these improvements forward!

Mr. Ravin Nanda, our motivated & generous donor from the USA visited BUDS Centre, Sarai Kala Khan in an act of goodwill where he interacted with a lot of children and youth. Mr. Ravin Nanda, who has been financially supporting the BUDS new big centre for the last two years by paying rent, listened to the songs and poems from the children and saw them dance which he really liked.

EDUCATIONAL EXPOSURE VISIT

BUDS Explores the World: A Journey of Learning & Wonder!

Last year, BUDS embarked on an unforgettable adventure with underprivileged children and youth, unlocking doors to history, science, nature, and community! From the magic of books to the lessons of history, here's how we sparked curiosity and joy:

World Book Fair:

Watching our kids dive into oceans of stories at the **World Book Fair** was pure magic! "*I've never seen so many books in one place!*" exclaimed 12-year-old Riya. Literacy isn't just reading—it's dreaming without limits.

Partition Museum & Gandhi Darshan Museum:

History came alive as the children connected with India's past. At the **Partition Museum**, tears and empathy flowed; at **Gandhi Darshan**, they absorbed lessons on peace and resilience. "*Bapu's charkha taught me patience,*" shared Arjun, 14.

National Science Museum:

Eyes widened at interactive exhibits—dinosaurs, space, and experiments! The kids debated gravity, giggled at optical illusions, and left buzzing with questions. Science isn't just facts—it's a wonder!

Local Police Station Visit:

A surprise highlight! Our youth learned about community safety, met officers, and even tried on uniforms. "*Now I know the police are here to help us,*" said Priya, 15. Trust built, fears dissolved.

Lodhi Garden Stroll:

Amid ancient tombs and lush greenery, the kids sketched, played games, and breathed in nature's calm. A reminder that growth thrives in open spaces—both for trees and young minds!

Why This Matters:

This wasn't just a field trip—it was a **bridge to possibilities**. Many of these children had never stepped into a museum or held a brand-new book

PEOPLE SHOULD NOT LOOK PAST STREET CHILDREN, NEED TO OPTIMISE THEIR ACCESS TO HEALTHCARE, SAYS EXPERT

https://aninews.in/news/national/general-news/people-should-not-look-past-street-children-need-to-optimise-their-access-to-healthcare-says-expert20240403194902/?fbclid=IwY2xjawIzrOxleHRuA2FlbQIxMQABHcbH7Oaw-HARB8LvoYvuJYpBkfpBgeyIMkbkN-nfPFFuR_cvzZ0FrE-1VA_aem_Umd15e9Io6Wk_pE7ND9Eag

OBITUARY OF DR. UMA AGRAWAL

It is with profound sadness that we announce the passing of **Dr. Uma Aggarwal**, a cherished member of BUDS' Institutional Review Board (IRB). Dr. Aggarwal dedicated herself to advancing ethical research practices within BUDS, a non-profit organization committed to empowering marginalized communities through education, health, and social initiatives.

Her unwavering commitment to safeguarding the rights and dignity of research participants left an indelible mark on our mission.

As a cornerstone of the IRB, Dr. Aggarwal played a pivotal role in ensuring that all BUDS-led projects adhered to the highest ethical standards. Her expertise, diligence, and compassionate approach guided countless initiatives aimed at uplifting underprivileged youth and families.

CASE STUDY OF RANI

Family Background:

Rani is 14 years old and she and her family live in a rented house in Shiv Vihar area of North East Delhi. Before coming to Delhi, Rani's family lived in Thakraoi in Mainpuri district of Uttar Pradesh.Rani's father is an ice cream vendor.. To supplement the family's income, Rani worked at home making newspaper envelopes. During the home visit, BUDS counselors found that Rani was suffering from a congenital heart disease. She had a hole in her heart, because of which she had several bouts of pneumonia since early childhood. At the government hospital, Delhi the doctor has asked her parents to bring 4 bottles of blood and 70 thousand rupees for her operation. The parents were afraid as they were told that there was no guarantee that the operation would be successful. Due to fear, the parents never went to the hospital again for the treatment of her daughter Rani. The BUDS counselor spoke to Dr. Seth about Rani.

BUDS CARDIAC SURGERY INTERVENTION

Dr Rajeev Seth referred her to Dr. Vikas Kohli at the Child Heart Center, where she got all her tests done, and arranged financial support through his non profit organisation. Rani was admitted to the Apollo Hospital Delhi. The BUDS counselor supported Rani and encouraged her family to get her operated. BUDS helped arrange the blood required for her surgery. After the operation, when the doctor met Rani'smother, he told that Rani's condition was very serious. Besides heart, there was a problem in the food pipe, for which the operation was done. Rani recovered gradually and is fine now. The BUDS counselor remains connected with Rani's family and provides follow-up nutrition support and medicines.

CASE STUDY OF AYAN

Family Background:

Ayan is 10 years of age and has been living with his migrant family of 7, in a rented house in Shiv Vihar for the last 10 years, Area of North East Delhi. His father is in tailoring work. His financial condition is very precarious. .

Health Issue & BUDS Neurosurgical Intervention:

Ayan has suffered from hydrocephalus since birth. Initially, he had no problem, but gradually his head grew very big. He started having headaches and dizziness, due to which his parents became very worried and took him to several doctors in the local hospitals in their area with no relief.

Ayan was mobilized to see doctors at the BUDS Mobile Health Van (MHV). Dr Deepak examined Ayan and referred him to Urban Hospital. The diagnosis of Hydrocephalus was confirmed. In this condition, the cerebrospinal fluid (CSF) accumulates in the chambers called ventricles inside the brain. The CSF puts increased pressure on the brain and the brain does not function properly. With support from the BUDS team, Ayan was successfully operated on by the neurosurgeon at the Urban Hospital. Post operatively, Ayan's health is fine now.

NATIONAL & INTERNATIONAL DONORS

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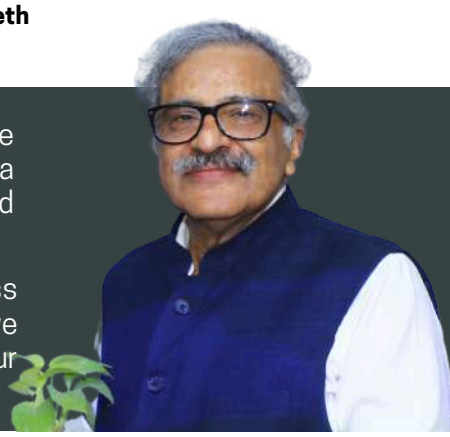
500+
Individual Donors

BUDS recognize the significance of your support and the trust you have placed in us. Your donation will make a tangible difference in the lives of marginalized children and young people

Thank you from the bottom of our hearts for your kindness and generosity. Your support means the world to us, and we are incredibly grateful to have you as a part of our community.



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