ANNUAL REPORT
2023-24

BAL UMANG DRISHYA SANSTHA

We are a registered, non-profit organization formed with the objective of advancing the well-being, education, health and welfare of children and young women in India without distinction of caste, class, gender, ethnicity, and religion, rural/urban, physical or mental disability.

BUDS was registered as an Indian Not for Profit Trust in 2003 (Registration No 11686/4 of 2003) and has since worked closely in Delhi, Uttarakhand, Uttar Pradesh and the aspirational district of Nuh, Haryana.
ABOUT US

OUR VISION
Envisions a society where all children and young women are provided every right regardless of their socio-economic standing in the society.

LEGAL DETAILS

REGISTRATION

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TAX EXEMPTION

All Donation to BUDS is exempted U/s 80G (income tax Act 1961): 50 % tax exemption.

LEGAL STATUS

OUR MISSION
- Prevent disease, Promote access to healthcare and Prompt treatment (3Ps) for the marginalized.
- Promote Right to Education for children and young women in low resource setting.
- Prevent violence against young women and children.
- Develop partnership with Government, allied NGOs, media agencies and civil society to sensitize and bring about behavior and attitudinal changes to realize the United Nations Convention on the Rights of the Child (UNCRC); ensure India achieves the UN Sustainable Development Goals (SDG) by 2030.
MESSAGE FROM MANAGING TRUSTEE

On behalf of the Bal Umang Drishya Sanstha (BUDS), it is indeed my privilege to present this annual report of BUDS ending March 31, 2024. Millions of largely invisible children worldwide live in urban slums or work on the streets of India to escape poverty, domestic abuse, violence and trafficking. The issue of providing basic rights to street and marginalized children is a national crisis. At BUDS, we stand committed to providing access to health, education, nutrition, development and protection of violence against these vulnerable and marginalized children and young people (CYP).

The present BUDS annual report is compilation of last year’s sincere efforts in reaching out to the underprivileged CYP in the marginalized urban and rural poor aspirational districts among 4 states of India: National capital region of Delhi, Haryana, Uttarakhand and Uttar Pradesh. Underprivileged street children are seen everywhere: inside railway stations, markets, road sides, flower sellers on traffic lights, shoe shiners, tea carriers, rag pickers, vendors of toys. Like any other person, these children have dreams and talents, but they are left behind. We must address this social injustice. We must listen and heed to their voices. Hearing the lived experience of these street children can provide insights, identify gaps and strategize public health care response. With little help, we can make these children contributing members of our society.

The children in street situations encounter several barriers in accessing healthcare including cost, discrimination, long waiting time in public health systems, distrust and loss of daily wages. BUDS model approach provides access to health care by mobile health van clinics and creating a welcoming community outreach through drop-in centers (DIC). The DIC are safe spaces in urban slums and backward villages which provide comprehensive health education, prevention and promotion of healthcare, nutrition, and functional literacy education. Presently, BUDS operates 17 DICs with the aim to ultimately empower the marginalized children and youth to mainstream education through National Institute of Open Schooling (NIOS) and livelihood opportunities through vocational skill development.

Given the scale and magnitude of the problem, we urge our government, policy makers, local elected legislators and representatives, civil society and allied nonprofit organizations to provide resources, innovate region specific strategies and optimize access to healthcare, development and wellbeing to street children throughout the entire country. The voices of children matter. By taking care of them, we are nurturing India’s future. Let us be the champions of our children’s needs!

Dr. Rajeev Seth
MD, FIAP, FAAP (USA)
Managing Trustee, BUDS
AN OVERVIEW OF BUDS PROGRAMS

MARGINALIZED CHILDREN AND YOUNG PEOPLE PROGRAM

COMMUNITY MOBILIZATION

BUDS has a dedicated and hardworking community mobilization multidisciplinary team. We identify the underprivileged children, youth, and their families among the marginalized communities, who need access to health, nutrition, education, vocational skill development and prevention from violence in the urban slum situations in the following states - NCT region of Delhi, Haryana and Uttrakhand.

BUDS provided services to 30939 marginalized children, girls, young women and peoples in Delhi/NCR, Haryana, Uttarakhand and Uttar Pradesh.

BUDS USES THE FOLLOWING METHODOLOGIES

Community Sensitization

Through Information, Education and communication (IEC) materials

Group discussion

These group activities are achieved with joint participation of BUDS multidisciplinary front line professionals and community members. Families remain the central focus while introducing the new community program information.

One to one home visit

Our community mobilization team visits the families one to one at their homes to identify the eligible youth, children and community members for the program.

Networking

BUDS has a large network of partner NGOs, and collaborations with Government organizations, allied Institutions and local civil society organizations.

Peer Group

BUDS has a large alumni group of child, youth and community members, who help us to identify the other eligible beneficiaries. These peer group volunteers help connect us with their families and community members.
CHILD HEALTH & NUTRITION

IMPROVING ACCESS TO PRIMARY HEALTHCARE SERVICES THROUGH MOBILE HEALTH VAN (MHV) FOR VULNERABLE AND MARGINALIZED CHILDREN, YOUTH AND COMMUNITY

Mobile Health Van

At BUDS, we provide primary health care through a 3P’s approach (prevention, promotion, and prompt treatment) to address social determinants of health such as poverty, illiteracy, ignorance, neglect of health matters, malnutrition, anaemia, poor vaccination coverage, gender-based violence, patriarchy, social and cultural norms, including school dropouts and prevention from early child marriage.

Unique Follow-up Health Education Counseling

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<th>Service provided below 18 Years</th>
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BUDS has reached 1,76,952 children, youth and community members in marginalized communities. Out of this, 27966 people provided medical treatment, Health education, referrals & Health camps through BUDS Mobile health Van this year. Regions covered by Mobile Health Van (MHV) include North Delhi, South Delhi, North East Delhi, Nuh district, Haryana, Gautam Budhnagar Uttar Pradesh, Dehradun, Uttarakhand.

The BUDS model of delivery of primary health care in the low resource settings includes (a) operation of seventeen (17) drop-in centers (DICs) in large slum areas of Mori Gate-Red Fort and Sarai Kale Khan-Nizamuddin, New Delhi and rural Nuh, Haryana, Haryana and one(1) Mobile health Vehicles [MHVs] approach that reaches the unreached and provides a welcoming practical pathway for delivery of healthcare in a timely, effective and professional systemic services. Medical treatments are provided free of cost through MHVs, besides enabling referrals, free medicines, conducting follow-ups and even home visits to address social determinants of health.
Faizan is 9 years old and his family has been living in a rented house in Sarai Kale Khan in a slum area of south Delhi since last 10 years. Sarai Kale Khan is a very congested area because it is covered by Nizamuddin Railway Station and Nagli Razapur. Most of the marginalized community live here who have come from Bihar, Madhya Pradesh, Uttar Pradesh and West Bengal.

Apart from his parents, Faizan has 4 siblings in his family. Faizan is the youngest in the family. His father and elder brother, who is 22 years old are laborers in this area and earn Rs. 200-300 per day, their work is not permanent, sometimes they get work, sometimes they don’t. Sometimes the whole family does not even get enough food. Faizan came with his mother Hazra Begum to BUDS Mobile Health Van and was looking very ill. The BUDS counselor asked his mother how she came to know about BUDS Mobile Health Van? Mom stated that there is a PACE center near their house where girls study and their daughter also goes to study there; the PACE class teacher Anita informed them about the BUDS Mobile Health Van. During the counseling, Faizan’s mother said that he has been very ill since childhood. They showed him to several local doctors in the village, but there was no relief. We could not see any good MBBS doctor due to poverty and helplessness. After coming to Delhi, Faizan’s health started deteriorating a lot. She took someone’s help and went to AIIMS where they had a complete check-up and was told there is a hole in his heart (Ventricular Septal Defect). Cardiac Surgery will have to be done. They were told to arrange at least seventy thousand rupees. After hearing that, she started crying. They had not gone to AIIMS for a long time due to lack of money.
CASE DISCUSSION FROM MOBILE HEALTH VAN

CASE HISTORY

Suman, 15 years old lives with her family in a small house in Delhi's Sarai Phus area. There are a total of 7 members in the family - four sisters and one younger brother. Father has died due to COVID-19. She was completely lost after her father’s death.

Her Mother is a housewife and brother is studying. Her family doesn’t have the fortune to move ahead due to financial problems.

HEALTH ISSUE

Suman was going to school and she was a very bright student in her class. She used to participate in school level educational and sports activities. Once she suffered from stomach pain, so she went to the doctor for treatment.

She required an injection during the treatment but the doctor could not find her veins so the injection was given in her spinal cord. The injection was given from the wrong side in her spinal cord that caused an infection in her whole body. Her condition was becoming worse day by day.

She was unable to sit, stand and walk due to the infection. She dropped out from the school at 9th standard due to her poor health condition. She was very upset and suffering from pain with a lot of stress in her.

BUDS SUPPORT

Once, her mother heard from someone in the community about BUDS NGO and the facilities provided by them. She came to know about the mobile health van services like treatment, counseling and referral services provided on every Monday at Mori Gate.

Her mother took Priyanshi to the mobile health van at the earliest, where she was physically examined by Dr. Kavita and referred to Lok Nayak Jai Prakash Hospital (LNJP). Regular follow up by the health van counselor continued to follow up Priyanshi. Her case was very serious; diagnosis was spinal tuberculosis. Her treatment was started at LNJP after examining all the reports.

She was on complete bed rest for some time and her treatment was continued for several months. Suman felt improvement in her condition after the regular treatment. They belted him and made him rest on the bed for some time. Suman’s treatment continued for several months and after a few months, Suman saw improvement in herself and she started walking slowly. She resumed her studies in BUDS NGO and completed 10th standard.

Suman is a hard-working girl that did not lose hope even after poor health conditions and is now moving forward in her life to achieve her goal.
Reaching children and adolescents to provide preventive health education and health promotion can easily happen in the school setting. There is a direct correlation between education and health: children in good health do better academically, which is linked to greater health in the long run. BUDS provides health education workshops at the Nuh district’s schools. The health education program was conducted by BUDS trustee Dr. Indra Taneja, MD, FAAP in response to community and students’ age appropriate developmental needs.

**HEALTH EDUCATION SESSION**

In the National Capital Region (NCR) of Delhi Dr. Indra Taneja and Mrs. Sandhya Mandal, who works as field program counselors, leads the Health education sessions at the BUDS drop-in centers (DICs) and mobile health van. In order for children to live healthy lives and reach their full developmental potential, it is crucial that they get health education to develop healthy life styles and behavior. These healthy, educated, and productive children will serve as the cornerstone of a resilient, wealthy, and sustainable society.

In the current year BUDS enriched **6610** children with knowledge about prevention of disease and promoting health education with a total number of **219** Session in the current year.
SCREENING FOR ANEMIA & DISABILITIES

Anemia is a significant public health concern globally; it affects millions of individuals. Children and youth with disabilities are the most marginalized population. Through the BUDS MHV, implementing screening programs for anemia and children with disabilities can potentially enhance early detection, intervention, and management, particularly in underserved communities.

BUDS screening programs in Mobile Health Van (MHV) enable early detection of anemia and disabilities, allowing for timely intervention, referral, and management, thus reducing the burden of these conditions on individuals and healthcare systems.

BUDS multi-disciplinary professional staff conducted Hemoglobin test and tested 366 children & young women of Hemoglobin test and 318 children & young women went through the eye test camp in different BUDS serving areas in Delhi/NCR.

NEED BASED SPECIALITY EYE HEALTH CAMP FOR MARGINALIZED COMMUNITY

During the current year, many eye test special health camps were organized in BUDS intervention areas of Delhi/NCR, Nuh, Haryana and Dehradun, UttraKhand with the aim of providing essential health services to the community.

EYE TEST

The camps were organized in collaboration with Dr. Shroff Charity Eye Hospital with a focus on addressing specific ophthalmic health needs identified within the BUDS intervention community.

BUDS screened eye tests of 318 children & young women during the current year and provided spectacles to 52 children who have the eye sight problems.
Vitamin A deficiency remains a significant public health concern, particularly among children in low-income communities and slum areas. This program aimed to address this issue by providing Vitamin A supplementation to 1500 children residing in slum areas of Bindal Bridge slums in Dehradun, Uttrakhand thereby reducing the risk of vitamin A deficiency-related health complications.

BUDS Conducted needs assessment to identify communities with the highest prevalence of Vitamin A deficiency and limited access to healthcare services, particularly in slum areas of Dehradun, Uttrakhand.

Outcome of the Project:

- BUDS Successfully provided Vitamin A supplementation to 1500 children in targeted slums of Bindal bridge, Dehradun slums areas, reaching the intended beneficiaries.
- Raised awareness among caregivers about the importance of Vitamin A in children's diets and the prevention of deficiency-related complications through educational sessions and outreach activities.
- Contributed to improving the nutritional status and overall health of children by reducing the risk of Vitamin A deficiency-related health complications such as night blindness, susceptibility to infections, and impaired growth and development.
- Efforts were made to raise awareness by organizing Health Camps by providing health care services to 294 patients and different sessions about hygiene practices and disease prevention measures to combat prevalent health issues.
- Efforts were made to raise awareness by organizing Health Camps by providing health care services to 294 patients and different sessions about hygiene practices and disease prevention measures to combat prevalent health issues.
The Parwaaz Adolescent Center for Education (PACE) is an alternative education and functional literacy program for marginalized adolescent girls and young adult women. BUDS is fulfilling the existing gaps by identifying, and reaching out to the girls and women who did not ever attend the regular education system or because of some reasons had to drop out of the regular schooling. Eventually, the PACE program at our Drop-in Centers (DIC) connects these girls to the regular open education program for everyone in the country irrespective of their age, the National Institute of Open Schooling (NIOS) program. BUDS remedial education teachers and experienced counselor’s handhold and provide regular support to the PACE alumni, and empower them through vocational skill development and livelihood opportunities.

The goal of the program is to eliminate gender-based disparities in access to education, providing equal opportunities for girls and women to enroll and participate in educational programs at all levels and to promote their health and nutrition.

- **Objective 1**: Alternative learning program for marginalized adolescent girls and women
- **Objective 2**: Using a rights-based approach, providing basic health and nutrition facilities to the young women
- **Objective 3**: Providing a safe-space to the community girls to understand the community issues better
- **Objective 4**: Enhancing confidence and self-esteem of girls by taking them to the exposure visits
- **Objective 5**: Building leadership, and negotiation skills and thereby holistic development of girls and women
- **Objectives 6**: Develop physical, mental fitness and social skills through sports fitness

In the current year BUDS provides 18 months of foundational literacy educational support to 320 girls and young women and enrolled 45 alumni girls and young women in the National Institute of Open Schooling (NIOS) system for academic support.
BUDS celebrated the International Women’s Day with marginalized girls and young women through sports activities on March 7th & 8th, 2024 to uplifting and inspiring underprivileged girls via sports activities.
BUDS aim to break down barriers, challenge stereotypes, and create a more inclusive society where every girl has the opportunity to participate in sports.

A total number of 70 girls and young women were involved in these events and activities to break down barriers.
Chapter 1: To Take Control, She Had to Run

Nasreen Parveen decided to run for her life at the same moment she decided not to end it. She had made it all the way out to the ledge of the high window in her mother’s house, her feet on that final dividing line between the solid world behind her and the drop into thin air in front.

Chapter 5: An Unlikely Escape Route

Nasreen Parveen decided to run for her life at the same moment she decided not to end it. She had made it all the way out to the ledge of the high window in her mother’s house, her feet on that final dividing line between the solid world behind her and the drop into thin air in front.

Read Full Story on New York Times
YOUTH TO POWER:
EMPOWERING ADOLESCENTS FOR LIFE

The Youth to Power (Y2P) program at Shiv Vihar (North East Delhi) aims at offering its beneficiaries sustainability in the years to come. Currently, the program runs two separate batches: one for Parvaz Adolescent Center for Education (PACE) and one for the vocational skill development program. However, for the next few years, the plan is to build a cycle where the learners who complete the PACE/Education program will be eligible to enroll for the skill development program. Thus, helping the beneficiary sustain themselves in the long run.

Currently BUDS provides educational support to 40 girls & young women at Shiv Vihar (North East Delhi) and among 46 alumni BUDS provided financial and hand holding support to 17 girls & young women in National Institute of Opening Schooling (NIOS) for academic support.

Youth to Power Program Objectives:

- To empower marginalized adolescent girls and young women by developing an alternative learning process at community-based centers.
- To empower young women and men by building capacity on vocational skill development for enhancing their livelihood opportunities.

ABOUT THE PROGRAM
The objective of BUDS Remedial Education program for marginalized children is to address and overcome the educational challenges faced by these children, who often come from economically disadvantaged backgrounds, marginalized communities, or have specific learning difficulties. BUDS is continuing to support 58 such marginalized children.

**NUTRITION SUPPORT PROGRAM**

BUDS provided nutrition support to the children that plays crucial roles in the overall success of remedial education program for marginalized children. Adequate nutrition essential for cognitive development, learning ability, and overall well-being.

**ART & CRAFT ACTIVITIES**

The art and craft class became a hub of creativity as the children engaged in vibrant activities that sparked their imaginations. With colorful paper as their canvas, they carefully crafted flowers, adding their names to personalize each creation. Another exciting venture was learning the art of paper folding, where they transformed simple sheets into adorable dogs. Their faces lit up with excitement as they gave unique names to their paper pups. The joy and enthusiasm radiating from each child filled the room, showcasing their delight in exploring new and imaginative avenues. It was a heartening sight to witness their eagerness to learn and create, underscoring the sheer joy derived from such artistic endeavors.

**INDOOR & OUTDOOR GAMES**

The event featured a diverse range of activities, including popular games like carrom board, ludo, Hindi shabdkhel, number card games, and puzzles. To ensure everyone could join in the fun, the children were divided into five groups, with some diving into the strategic world of carrom while others enjoyed the playful dynamics of ludo. It was heartening to see the kids thoroughly engrossed in these games, thoroughly enjoying themselves and radiating happiness throughout the session. Moreover, in an effort to blend fun with education, the children were introduced to educational games like number card games and alphabetical naming exercises. This dual approach aimed not only to foster a sense of enjoyment but also to promote active learning, encouraging the kids to become more engaged in their studies while relishing the process.
Tarang Centres for Very Young Adolescents: While working with out-of-school teenage females, we identified the need to work with very young adolescents (VYAs), both girls and boys, aged 10 to 14, from urban-poor populations living in Delhi’s slums or resettlement colonies. The majority of these teenagers are also first-generation learners, with parents who came to the city as unskilled laborers, domestic workers, or self-employed members of the unorganized sector. This age group and its unique demands have frequently been disregarded by teachers. Curriculum Development: In order to create an age- and context-appropriate curriculum, we focused on learning as much as we could about early adolescents in their community environment. We did a literature study, many rounds of Focus Group Discussions (FGDs), frequently visited the region, and organized interactions with young people and community members, including parents, to learn more about VYAs, particularly those living in metropolitan settings.

Currently we have three centers for the Tarang project and a total number of 133 children enrolled in this program for accelerating their foundational literacy and writing skills and overall holistic development.

**TARANG EDUCATION PROGRAM (10-14 YEARS)**

At Sarai Kalekhan, Shiv Vihar and Mori Gate. At first, our team reaches out to the community meticulously on a daily basis for the first two to three months, and then the learners are enrolled by doing the baseline forms.

Currently we have three centers for the Tarang project and a total number of 133 children enrolled in this program for accelerating their foundational literacy and writing skills and overall holistic development.
LEARNING RESOURCE CENTER
(NUH, HARYANA)

ABOUT THE PROGRAM

Learning Resource Center is based on the lived realities concept of understanding of Gender and Sexuality for girls & young women. BUDS with collaboratively works with Nirantar Trust, www.nirantar.net at Nuh, Haryana.

The BUDS resource center interacts with a variety of stakeholders while advancing knowledge on many facets of gender and sexuality among the girls and young women.

Using participatory and feminist educational methodology, the design and content of our training are anchored in the experiences and situations of women and girls from marginalized groups.

We have three Learning Resource Centers in Mewat (Nuh), Haryana and a total number of 137 beneficiaries have been taking the gender based learning opportunities through three centers in Padheni, Rehari & Dhulawat in Nuh district, Haryana.
The Community library was inaugurated on 18th July, 2023 at Sarai Kale Khan. The idea behind this community library was to enhance the importance of education, wherein everyone from the age of 5 and above can participate, from all communities and gender.

The library consists of various books from different genres and it also contains books in Hindi as well. Picture story books for those who cannot read and write, visual books to understand and trigger the question “why”? This leads to new discussions and raises questions.

The community library is also open for women from the area to come and sit together and discuss their daily lives. Additionally, they will develop a love of reading and knowledge, which is essential for their social and academic growth.

I love coming to the library. There are many good books kept here. There are also cartoon books. There are books of general knowledge also. I take a book from the library to my home every day to read so that my brother can also read these books.

Madhu, 10 years. all black mines

A total number of 60 beneficiaries are enrolled in BUDS library.
BUDS Mainstreamed marginalized young women and girls to National Institute of Open Schooling (NIOS), who have dropped out or never been to school after completing 18 months PACE program.

Current year we have financially & academically supported 45 young women & girls for recontinued their education in National Institutes of Open Schooling (NIOS).

Open Schooling Program objectives

**Increase Access to Education**
The primary objective of BUDS Open Schooling program is to provide marginalized young women and girls who have dropped out or never had the opportunity to attend school with access to quality education. This includes removing barriers such as distance, affordability, cultural norms, and discrimination.

**Provide Vocational Training**
Offer vocational training and skills development opportunities aligned with local market demands and the beneficiaries’ interests and aspirations and empower them to overcome barriers and achieve their full potential.

**Support Transition to Further Education or Employment**
Prepare participants for successful transitions to further education, such as formal schooling, vocational training programs, or higher education, as well as entry into the workforce or entrepreneurship ventures.

**Promote Literacy and Numeracy**
Focus on improving basic literacy and numeracy skills among participants, enabling them to read, write, and perform essential mathematical calculations.

**Promote Gender Equality and Social Inclusion**
Raise awareness about gender equality issues, challenge harmful gender norms and stereotypes, and promote a more inclusive and equitable society where young women and girls have equal opportunities to education.
SPOKEN ENGLISH CLASSES FOR MARGINALIZED YOUNG YOUTH

ABOUT THE PROGRAM

The Spoken English Classes for Marginalized Girls & Young Women program was initiated to address the educational needs of marginalized girls and young women who face barriers to accessing quality English language education.

The program aims to empower participants with essential language skills to enhance their educational and employment opportunities, thereby promoting their socio-economic empowerment and inclusion.

Overall, a spoken English program aims to equip learners with the skills and confidence to communicate effectively in English-speaking environments, whether for academic, professional, or personal purposes.

HIGHLIGHTS OF PROGRAM

- Conversational Skills
- Interactive Learning
- Listening Comprehension
- Grammar and Syntax
- Supportive Learning Environment
- Progress Tracking:
The primary objective of Bal Umang Drishya Sanstha’s (BUDS) "Skill Development Program for Marginalized Youth" is to empower and uplift disadvantaged young youth by equipping them with the essential vocational training for personal and professional growth. The program aims to address systemic barriers and bridge the gap in opportunities.

BUDS "Skill Development Program for Marginalized Youth" aspires to break the cycle of poverty, empower individuals to build sustainable livelihoods, and contribute to the overall development and well-being of marginalized communities. Make sure participants have the skills necessary to meet industry expectations by identifying and providing training in critical skill areas that are essential to local employment markets. Offer participants customized career counseling to assist them in making well-informed decisions regarding their schooling and career pathways.

BUDS operates a vocational training program of Certificate course of Computer (CCC) at Sarai Kale Khan Drop-in-Center (DIC). The primary objective of the Certificate Course of Computer (CCC) for Marginalized Youth is to impart basic digital literacy skills to participants. This includes fundamental knowledge of computer hardware, software, operating systems, and peripherals.

- **Software Proficiency:** The program aims to equip marginalized youth with practical skills in using essential software applications such as word processing, spreadsheets, presentations, and internet browsing. Participants will learn how to navigate software interfaces, create and edit documents, manage data, and conduct online research.

- **Computer Operation Skills:** Another key objective is to familiarize participants with basic computer operations, including file management, folder organization, keyboard shortcuts, and troubleshooting common issues. This enables them to navigate computer systems efficiently and independently.

- **Internet and Information Literacy:** The program seeks to enhance participants’ understanding of the internet and its applications. This includes teaching them how to access online resources, evaluate information for credibility and relevance, practice online safety measures, and utilize communication tools such as email and social media responsibly.

- **Employability Enhancement:** The CCC program aims to improve young people’s employability by providing them with valuable computer skills sought by employers across various sectors. Young people will be better prepared to compete in the job market and pursue employment opportunities in sectors requiring basic computer proficiency.

A total number of 25 young people are currently enrolled in BUDS CCC program.

**CERTIFICATE COURSE OF COMPUTER (CCC)**

**DIGITAL MARKETING COURSE**

BUDS sponsored 2 young people to Digital marketing course in a reputed Institute "Taraqqi-I-Foundation"
PREVENTION OF VIOLENCE AGAINST WOMEN & GIRLS

EMPOWERMENT THROUGH EDUCATION & VOCATIONAL TRAINING: “PREVENTION OF VIOLENCE AGAINST WOMEN AND GIRLS”

Violence against women and girls is a pervasive human rights violation that affects individuals, families, and communities worldwide.

BUDS has a comprehensive approach of counseling, vocational training, Parvaz Adolescent Center for Education (PACE), Remedial education, Holistic community approach program to preventing such violence through education, empowerment, and community engagement.

Objectives of the program:

- Raise awareness about the prevalence and impact of violence against women and girls.
- Eliminate toxic gender preconceptions and norms that support violence.
- Provide educational resources and counseling support services to survivors.

BUDS Activities

Counseling
- Provided counseling services to violence victims girls and women at BUDS drop-in-centers (DICs)

Empowerment Programs:
- Implemented leadership development initiatives, mentorship programs, and vocational training opportunities for women and girls to build self-esteem, assertiveness, and economic independence through its vocational training program and placement services.

Community Engagement:
- Led community conversations, educational initiatives, and interactive workshops to include a range of stakeholders in conversations about gender parity, preventing violence, and fostering civil society partnerships.

During the current year BUDS found 66 domestic violence cases in its intervention areas of Delhi/NCR, Haryana & in Uttarakhand and BUDS provided appropriate counseling to them with a multi multi-faceted approach involving various stakeholders to solve the issues.
COMMUNITY BASED RESEARCH

CHILDHOOD IMMUNIZATION IS AN ESSENTIAL RIGHT OF A CHILD

By Rajeev Seth, Aastha Kant, Anita Shet

The evening shadows lengthen as 17-year-old Kiran strides confidently onto the narrow street along with the urban ASHA health worker bearing the vaccine carrier. Empowered with knowledge of child rights and the life-saving power of vaccines, Kiran, having grown up without a home herself, is on a mission to find young mothers and infants in her area to ensure that no child is left behind.

Read full Article on

LEVELING THE RESEARCH PLAYING FIELD: DECOLONIZING GLOBAL HEALTH RESEARCH THROUGH WEB-BASED PLATFORMS

Abstract
Global health research has traditionally been rooted in colonialism, with some investigators in high-income countries leading and managing research and investigators in low- and middle-income countries serving as implementing partners. The Community Health Worker-Led Intervention for Vaccine Information and Confidence (CIVIC) Project, conducted in India and led jointly by India- and US-based investigators, leveraged web-based platforms to facilitate a more horizontal, inclusive, and balanced approach to partnerships between researchers and the community. Using web-based platforms to conduct research was found to be an effective strategy to engage researchers at all levels and combat systemic barriers associated with in-person activities such as power, economic, social, and gender dynamics. Connecting online for research meetings created a more equitable environment for community members to engage meaningfully with research. Further, by conducting research through web-based platforms, we found that we were able to strengthen the diversity of participants, provide a space for more marginalized groups to speak up, and minimize logistical barriers to attendance. Harnessing web-based approaches in research provides a pathway toward opportunities to promote equity and contribute to the decolonization of global health spaces.

Read Full Research on
We have celebrated two significant events: International Youth Day "Green Skills for Youth: Towards a Sustainable World" and BUDS 20th birth anniversary "Hearing the Voices of Marginalized Children & Youth" at India Islamic Cultural Centre, Lodhi Road, New Delhi.

**Highlights**

Highlights of the Celebration were painting & Quiz competition on "green skills for youth: towards a sustainable world" Overview of BUDS works- a journey over the past 20 years by Dr. Rajeev Seth (Managing Trustee of BUDS), "Hearing the voices of marginalized children & youth" an interactive panel discussion on insights, gaps & strategies in providing, health & welfare to the marginalized children & youth by multi-disciplinary professional experts, cultural program of dance, music, theater by BUDS children & youth, musical extravaganza by a famous & renowned singer Dr. Jagjit Singh Batra with "Simple Truth Versatile band" by Stanly Vaz & his team.
Key Takeaways and Learnings from BUDS Strategic Meeting:

1) Capacity Building of Staff: Prioritize training staff on counseling, soft skills, existing health schemes, programs, policies, laws, and technical skills to enhance service delivery.

2) Social Media Utilization: Utilize social media effectively to disseminate information, raise awareness, and engage with the community.

3) Networking and Collaboration: Strengthen partnerships with government institutions, community organizations, and NGOs to maximize resources and reach.

4) Standard Operating Procedures (SOPs): Develop SOPs for each thematic area to ensure consistency and quality in service delivery for both staff and beneficiaries.

5) Core Committee Formation: Establish a core committee comprising academicians, professionals, and lawyers from the District Legal Services Authority (DLSA) to provide guidance and expertise.

6) Mobile Health Van (MHV) Expansion: Expand the reach of MHV to cover more areas and increase accessibility to healthcare services.

7) Digitization of Healthcare Data: Implement software solutions like Salesforce for centralizing and managing healthcare data efficiently.

8) Engagement with Authorities: Organize meetings with police, Members of Parliament (MPs), Members of Legislative Assembly (MLAs), and Panchayat members for awareness and sensitization on health issues.

9) NGO Consultation: Seek input and collaboration from other NGOs to enhance the effectiveness and scope of interventions.

10) Impact Assessment: Conduct regular impact assessments to measure the effectiveness of interventions and document success stories.

11) Feedback Mechanisms: Implement pre and post-training feedback systems to continuously improve training programs and services.

12) Inclusive Education: Include boys in education programs to promote gender equality and holistic development.

13) Self-Help Groups (SHGs): Facilitate the formation of self-help groups to empower community members and foster collective action.

14) Staff Training: Conduct monthly training sessions to update staff on best practices, new developments, and emerging issues.

15) New Employee Orientation: Provide comprehensive orientation sessions for new employees to familiarize them with organizational policies, procedures, and goals.

16) Data Collection: Gather data through primary and secondary sources, including Right to Information (RTI) requests, to inform decision-making and program planning.

By implementing these key takeaways and learnings, BUDS can strengthen its operations, enhance community engagement, improve the delivery of healthcare and educational services in marginalized communities, and prevent violence against women and young girls.
CHILDREN DAY  CELEBRATION 2023

On this special occasion of children day, we immersed ourselves in a day full of laughter, talent, and pure joy as we celebrated the incredible spirit of our children

Creative Corner

Little hands were busy creating masterpieces! The artistic talent of our young ones shone brightly as they painted, drew, and crafted with boundless imagination on Health Well-Being & Sports

Cultural Extravaganza

BUDS performers dazzled the stage with their cultural brilliance! From vibrant dances to heartwarming musical performances, every act was a testament to the diverse talents

Sports

Cheers, laughter, and friendly competition filled the air as our little athletes showcased their skills on the sports field. Whether running, jumping, or playing team sports, their enthusiasm was contagious!

A heartfelt thanks to our beloved Dr. Rajeev Seth, managing trustee, BUDS & chief guest Dr. Arjun, Board Member National Spiritual Assembly Bahai house, Guest of honor Tony Uppal, trustee, BUDS, esteem guest Mrs. Bonnie Uppal, Dr. Sunita Reddy, Dr. Rajesh Sagar, Mrs. Kalyani from Action India, Mrs. Renu Yadav, representative, Lorious in India, Mrs. Tina Chawla, Alok Misra , Financial Advisor (BUDS), Atul Mittal (journalist) & everyone who joined in making this Children’s Day truly special. Let’s continue nurturing, inspiring, and supporting the dreams of these bright BUDS children. Together, let’s ensure that every child feels loved, safe, cherished, and empowered to reach for their dreams.
EXPOSURE TRIPS TO EMPOWER CHILDREN

BUDS Had an incredible experience at the World Book Fair at Pragati Maidan, New Delhi with BUDS underprivileged children and youth! It was heartwarming to see their faces light up as they explored the vast world of literature. Books truly have the power to transcend boundaries and empower minds. Let's keep promoting literacy and ensuring that everyone can benefit from reading!

Some Glimpses of Visit

World Book Fair

National Science Museum

Amrit Uddan

Partition Museum

Police Station Visit
crafts museum
Ministry of Health and Family Welfare

Shri Mansukh Mandaviya

Hon’ble Union Minister for Health & Family Welfare and Chemicals & Fertilizers, Dr. Rajeev Seth attending “ANI Dialogues (Navigating India’s Health Sector)” today at Le- Meridian Hotel at New Delhi. Mr. Mansukh L. Mandviya, Union minister of Health & Family welfare

A Partner’s consultative meeting on support to Aspirational District, Nuh, Haryana at Al-Afia Hospital, Mandikhera, Nuh. USAID, Govt. of India officials from Delhi, CMO, IPE Global and local NGO’s were present there.

Dr. Rajeev Seth, Shakeel Ahmad and Pankaj Rani also present there. We briefed about BUDS activities in NUH. All of them appreciated BUDS work on Children Health & Nutrition program.

Kailash Satyarthi, India’ Nobel laureate launched a movement for global compassion at ITC, New Delhi. On behalf of BUDS Yawar Qaiyum & Dr Rajeev Seth were invited & supported the initiative and networked with them.
OBITUARY OF DR. PROF. A.K. SUSHEELA

Dr. Prof. A.K. Susheela was the chair of BUDS IRB committee, & we had a deep working relationship. Even post her retirement from AIIMS, she passionately started a non profit organization & continued to work on understanding the impact of Fluorosis on public health, particularly on children & adolescents

Dr Professor Susheela was a passionate researcher & brought the issue of “Health effects of Fluorosis’, as a major public health problem” nationwide. Her vast academic knowledge base, grants & publications, advocacy through her non profit Fluorosis Foundation of भारत लिमाउल! brought her into national limelight!

On behalf of the BUDS, We convey our heartfelt condolences to her family and friends

INvolvement
of BudS Trustees

The trustees of BUDS play a very active role in all the programs. They always visit the center and participate in meetings from time to time and guide the field staff, which brings more enthusiasm to the staff in their work. Dr. Bhavana Seth, Trustee, BUDS visited the BUDS Head Office and gave necessary instructions to the staff. After this She went with us to the field office, Sarai Kale Khan and talked to the children and got information about the project. The children enjoyed talking to her and gave her paintings made with their own hands.

Mr. Prit Mohinder Singh Uppal and Dr. Dr Rajindra Nath Srivastava, BUDS trustees also attended the Children Day celebration. Dr. Rajeev Seth and Dr. Indra Taneja joined and engaged in a retreat and strategic planning meeting held in Bharatpur. The meeting was aimed at fostering collaboration, innovation, strengthening, and strategic thinking towards enhancing BUDS existing programs on health and education for marginalized communities, New projects on the prevention of violence against girls and young women, and devising new strategies to address pertinent challenges.
Individual Donors

BUDS recognize the significance of your support and the trust you have placed in us. Your donation will make a tangible difference in the lives of marginalized children and young people.

Thank you from the bottom of our hearts for your kindness and generosity. Your support means the world to us, and we are incredibly grateful to have you as a part of our community.
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