

Mamta* GIVES BACK



Mamta* is originally from Bihar and she is 22 years old. Her father Mohammad Munna is an auto driver and earns 6000-7000 in a month. Her mother's name is Tabassum, earlier she used to do all the cleaning work and earn up to ₹ 2000 in a month. But for 4 years, she has been suffering from arthritis, due to which she stays at home and is not

able to do her household work. These people live in a rented house and every month ₹ 6000 goes towards rent and ₹ 500 in electricity bill. It becomes very difficult to run the household expenses in just ₹7000. Mamta has two siblings. She is the eldest and she has completed her graduation.

Her younger brother has completed his education upto 12th standard, and is in search of a job. Her younger sister Arju has passed 12th standard. Mamta and her younger sister do all the household work. When Mamta found out about BUDS, she came to the Center and talked to the counsellor (Shobha) and told her about the situation in her house. Shobha told Mamta that BUDS sent young people for computer courses in KVIC (Khadi & village Industries) and also training in various skills so that they could get jobs as General Duty Assistant, HOE, and Pharmacy courses in Apollo Med Skill . To which Mamta replied that she would like to do such training to get a job and support her family. . So the counsellor suggested to her for the Hospital Operation Executive (HOE) course because of the high demand of employment in the medical sector after the pandemic. Mamta was so keen that she kept coming to BUDS center for a fortnight to check when she would be sent for training. .

Seeing her persistence, and determination, BUDS counselor spoke to the supervisor of Apollo Med Skills and she was sent to Apollo Med skills centre. After a three months course, she got the job of RT PCR test billing in National Heart Hospital on a contract basis. Her monthly salary is ₹14000/- and she is able to manage her household expenses are also running smoothly.

When Mamta was taking counselling from BUDS she also got to know the work that was being done during the COVID-19 pandemic. Mamta wanted to help and joined BUDS as a volunteer. When BUDS provided treatment for her family members, she was not only very grateful, but she told the community members about coming to the Mobile Health Van for treatment. Mamta has also helped in ration distribution by preparing a list for its distribution, mobilizing people from the community, going to the community and informing them about BUDS and its initiatives.

Mamta says that “Ever since I have been associated with BUDS, my problems have gradually started to end.” She would come to the BUDS Center every day to meet Counsellor and thank her. When she helped in preparing the online list for ration distribution, she told the counsellor, "I am thankful to the BUDS NGO as it has provided me the opportunity to volunteer and learn many things, such as data entry, which I didn't know earlier". She praises BUDS and all their staff for the support they provide to people in distress.



Prepared by

Shobha (Counsellor)

*Name changed for maintaining the confidentiality of the person